



National High School Athletic Coaches Association
will host the

2010 NHSACA ANNUAL MEETING

June 19 – 23, 2010

Best Western Ramkota Hotel - Sioux Falls, SD

(605) 336-0650

Name _____ Home Phone (____) _____

E mail _____ Cell Phone _____

Home Address _____

City _____ State _____ Zip _____

School Address _____ School Phone _____

School Name _____ School City _____

Are you an AD or COTY Finalist? _____ No _____ Yes If yes, which sport? _____

NO REFUND AFTER JUNE 10, 2010

GUEST FEE

Will your spouse or guest(s) attend any sessions? No _____ Yes _____ (If yes, include \$10.00 per person)

Number of guest(s) _____ x \$10.00 = _____

Name(s) _____

This information is needed to prepare admission name tags.

REGISTRATION FEE

EVERYONE (except guests) MUST PAY ANNUAL MEETING REGISTRATION FEE

- | | | |
|--|----------------------|--------|
| Annual Meeting Registration fee/per person | \$100.00 = \$ | 100.00 |
| 2 College Credits "Leadership Class" (June 19 & 20, 2010) | \$250.00 = \$ | _____ |
| 3 College Credits "Sport Specific Coaching" (June 21-23, 2010) | \$350.00 = \$ | _____ |
| Hall of Fame Luncheon, June 22, 2010 @ \$40.00 | _____ x \$40.00 = \$ | _____ |
| Awards Night Banquet, June 23, 2010 @ \$40.00 | _____ x \$40.00 = \$ | _____ |

LATE REGISTRATION FEE (postmarked after June 1, 2010) \$50.00 = \$ _____

Guest Fee (from above) = \$ _____

Total Amount of Registration Fees Enclosed: \$ _____

For more information please call:

507-696-7793 or 507-206-0449

Make checks payable to: **NHSACA**

Send to:

Jerome Garry
NHSACA Executive Director
P.O. Box 5921
Rochester, MN 55903

Please see our website at www.hscoaches.org
for hotel registration & other information



7:30-8:30 a.m. Registration: Ramkota Hotel Foyer 8:30-8:50 a.m. College Credit Registration
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Leadership Class
Health, Behavior, & Legal Challenges in High School Sports: Who is at Risk?
June 19-20, 2010

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>TOPIC</u>	<u>PRESENTOR(S)</u>
Saturday	June 19, 2010	9:00-10:15 a.m.	Training & Competing in the Heat	Michael F. Bergeron, Ph.D, FACSM
		10:20-11:00 a.m.	Medical Conditions & Participation	Scott Boyens, M.D.
		11:15-12:00 p.m.	Diabetes & Sports	Lisa Esposito, MS, RD, CSSD, LN
		12:00-1:15 p.m.	Lunch	
		1:30- 2:25 p.m.	ACL Tears: Exercise, Prevention, & Bracing	Brad Reeves, M.D.
		2:30-3:25 p.m.	“Performance-Enhancing” Substances	Lisa Esposito, MS, RD, CSSD, LN
		3:30-4:25 p.m.	Concussions in Sports: Return to Play	Verle Valentine, M.D.
		4:30-5:25 p.m.	Asthma in Athletics	Darcy Ellefson, RRT, AE-C
		5:25-7:00 p.m.	Dinner on your own	
		7:00-9:30 p.m.	The Seven Traits of a Champion	Randy Hagen – RC Central
		Sunday	June 20, 2010	9:00-9:55 a.m.
10:00-11:55 a.m.	Bullying and Other Inappropriate Behavior			Terry Stulken/Byron Utter
12:00-1:15 p.m.	Luncheon – SANFORD POWER			Scott Roggenbuck, ATC, CSCS
1:15-2:10 p.m.	A Coach’s Legal Duties			Steve Berseth-Brookings
2:15-3:10 p.m.	Dealing with the Adolescent Athlete			Mike Grevlos
3:15-5:15 p.m.	Racial Issues which Transcend Boundaries			Keith Moore

Return attached registration form, today!

Special room rates available at Best Western Ramkota, Sioux Falls, SD
605-336-0650

\$96.99 + tax for standard room
\$119.99 + tax for poolside room

College credit available through the University of Sioux Falls



***Sports Specific Convention
June 21-23, 2010***

7:30-10:30 a.m. Registration Open

8:30-9:00 a.m. Visit Exhibit Area

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>TOPIC</u>	<u>PRESENTOR(S)</u>	
Monday	June 21, 2010	9:00-10:00 a.m.	Sports Session 1 AD, Basketball, X Country, Football, Soccer, Softball, Track & Field, Volleyball, & Wrestling		
		10:00-10:15 a.m.	Visit Exhibit Area with Door Prize Drawings		
		10:15-11:15 a.m.	Sports Session 2 AD, Baseball, Softball, Football, Wrestling, Volleyball, Golf, Tennis, Swimming & Diving		
		11:15-11:30 a.m.	Visit Exhibit Area		
		11:30-12:30 p.m.	General Session 1	Derek Miles, Pole Vault Olympian	
		12:30-2:00 p.m.	FREE FCA Luncheon for first 500 registered	Dr. Tom Osborne	
		2:00-3:00 p.m.	Sports Session 3 Basketball, Soccer, X Country, Special Sports, Track & Field		
		3:00-3:30 p.m.	Visit Exhibit Area with Door Prize Drawings		
		4:00-5:00 p.m.	Exhibitor's Social		
		6:00-7:30 p.m.	Social for all the Coach of the Year Finalists		
		7:00-8:00 p.m.	Past-Presidents of the SDHSCA Social		
		Tuesday	June 22, 2010	8:30-9:30 a.m.	Sports Session 4
9:30-10:00 a.m.	Visit Exhibit Area with Door Prize Drawings				
10:00-11:00 a.m.	General Session 2			To be announced	
11:00-11:15 a.m.	Visit Exhibit Area				
11:15-12:15 p.m.	Sports Session 5				
12:15-12:30 p.m.	Visit Exhibit Area				
12:30-3:30	NHSACA Hall of Fame Induction Luncheon				
6:00 p.m.	SD Night FREE Burger King Whopper Feed				
8:00-11:00 p.m.	FREE Dance with DJ and FREE hors d-oeuvres				
Wednesday	June 23, 2010	8:30-9:30 a.m.	Sports Session 6		
		9:30-9:45 a.m.	Visit Exhibit Area		
		9:45-10:15 a.m.	Eight Regional Meetings		
		10:30-11:30 a.m.	Sports Session 7		
		11:30-11:45 a.m.	Visit Exhibit Area with Door Prize Drawings		
		11:45-12:45 p.m.	Sports Session 8		
		5:00-5:30 p.m.	NHSACA National Awards Banquet Social		
		5:30-9:00 p.m.	NHSACA National Awards Banquet		

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