



Under Armour All-America Volleyball Match & Skills Competition Team White



#2 Rachel Williams
Outside Hitter • 5'11
Archbishop Mitty High School • San Jose, California
Stanford University

Head Coach's Name:	Bret Almazan-Cezar
State Classification / Size of Institution:	II
Overall Win/Loss Record:	39-0
Conference Win/Loss Record: (Regular Season)	8-0
Conference Finish:	First
Overall State Finish:	State Champions
MaxPreps Team Rankings:	State - #1 National - #1
Current Season Honors:	2009 California Gatorade Player of the Year MVP Durango Fall Classic Tournament mercury news athlete of the week

Questions:

1. How did you get exposed to volleyball? **My Parents**
2. What other sports do you play? **None**
3. When did you start getting letters from colleges? **8th grade**
4. What are some of the other colleges you considered? **University of Washington, and UCLA**
5. What made you want to become a _____? **Volleyball Player...I loved the game especially hitting**
6. Did anyone else in your family play collegiate or professional sports? **NO**
7. What advice would you give to young girls playing volleyball? **Never give up!**
8. What advice would you give to young girls going through the recruiting process? **Stick with your gut**
9. Best thing about where you're from? **Its close to San Fransisco, and Santa Cruz**
10. Greatest moment on your volleyball career? **Winning State in 2008**
11. When you travel for tournaments, what can you not live without? **My iPod**
12. One word that describes you? **Determined**

13. If you could visit anywhere in the world, where would you go? **Australia**
14. What do you want to be when you grow up? **Professional Volleyball Player on the US National Team**
15. What is the best moment of your volleyball career? **See above**

Your favorite...

1. Volleyball player? **Kerri Walsh, Oaganna Namani**
2. Professional sports team? **Sharks**

Complete the sentence:

1. I play best when... **it's a big match**
2. If I were coaching _____ ...I would tell my players " **If you aren't getting better you are getting worse!**"
3. The best thing about volleyball is...**being apart of a close team**
4. Something most people don't know about me... **I obsessed with water skiing I've done it since I was 8**
5. One day I will... **go to the olympics**
6. The key to my success has been...**persistant, and desired to get better**



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2009 COMPOSITE STATS

	GP	K/G	Hit %	Aces/G	B/G	D/G
Season Totals:	85	4.6	.427	0.2	0.2	2.8

2009 INDIVIDUAL STAT CATEGORIES

Attacking	GP	K/G	Hit %	Kill %	Att	KIs	Err
Season Totals:	85	4.6	.427	.523	740	387	71

Serving	GP	A/G	Ace %	Serv %	SA	Aces	Err	RP
Season Totals:	85	.2	10.7	87.8	196	21	24	

Blocking	GP	B/G	Tot Blks	Solo	Asst	Err
Season Totals:	85	.2	21	9	23	5

Digging	GP	D/G	Digs	Err
Season Totals:	85	2.8	239	

Serve Receiving	GP	Serv Rec	Err
Season Totals:	85	238	1