2009 AVCA Annual Convention
Seminars At-A-Glance
Tampa, Florida

***Please note that any coach who reaches the NCAA Division I Women's Volleyball Championships will be excused from their presentation(s). A substitute session will be scheduled as a replacement. Please see the list of alternate sessions below.**

DATE & TIME	SEMINAR TITLE *(Suggested Audience/Level)*	LOCATION	SPEAKER(S)
Wednesday, December 16, 2009			
9 a.m. – Noon	Pre-Convention Seminar: Mastering the Art of Volleyball Recruiting	TCC 18 – 19	Dan Tudor
1:30 – 4:30 p.m.	Pre-Convention Seminar: Mastering the Art of Volleyball Recruiting	TCC 18 – 19	Dan Tudor
Thursday, December 17, 2009			
9 – 10:30 a.m.	Mental Practice and Attention Training: Preparing Game Player Athletes *(All – Advanced)*	TCC 18 – 19	Iradge Ahrabi-Fard
9 – 10:30 a.m.	Adding Volleyball Value to Your Athletic Department *(College – Intermediate)*	TCC 20 – 21	Tom Hilbert
9 – 10:30 a.m.	The Right Defense at the Right Time *(All-Basic)* – presented by USA Volleyball	TCC 22 – 23	Bill Hamiter
10:45 – 11:45 a.m.	Finding Your Voice: Meshing Their 21st Century Style with Your 20th Century Upbringing *(All – Intermediate)*	TCC 18 – 19	Beth Launiere
10:45 – 11:45 a.m.	Program Building: The Part They Didn't Tell You About *(All – Intermediate)*	TCC 20 – 21	Terry Pettit
10:45 – 11:45 a.m.	So You Want to be a Head Coach: Advice for Assistants Looking to Make the Move Up *(College – Intermediate)*	TCC 22 – 23	Ryan Theis, Tonya Johnson & Karen Weatherington
10:45 – 11:45 a.m.	How to Use Knowledge of Personality Styles to Improve Your Training and Recruiting *(All – Advanced)*	TCC 24	Mora Kanim
3 – 4 p.m.	How to Use the Back Row Attack Successfully with Your Team *(All – Intermediate)*	Mateflex Court 1	Marv Dunphy
3 – 4 p.m.	Options for Serve Receive Formations: Highlight Strengths and Hide Weaknesses *(All – Intermediate)* – presented by USA Volleyball	Mateflex Court 2	Bill Neville
3 – 4 p.m.	Sand Setting: Setting Your Partner Up for Success *(College – Intermediate)* – presented by USA Volleyball	AVP Sand Court	Ali Wood Lamberson
3 – 4 p.m.	Ten Things You Didn't Know about University Athlete & Getting Video to Your Players Using iTunes or YouTube *(College – Intermediate)*	TCC 18 – 19	Marc Swindle
3 – 4 p.m.	Creating a Positive Culture in Your Program *(All – Intermediate)*	TCC 20 – 21	Mark Rosen
3 – 4 p.m.	What are They Thinking? Understanding the Dynamics of the Coach-Official Relationship *(All – Intermediate)*	TCC 22 – 23	Marcia Alterman, Ray Bechard, Beth Launiere, Joan Powell & Brian Hemelgarn
4:15 – 5:15 p.m.	Exhibitor Showcase Session: The Attack Volleyball Machine – A Demonstration of Uses and Drills *(All – All)* – presented by Sports Attack	Mateflex Court 1	Don Shaw
4:15 – 5:15 p.m.	Exhibitor Showcase Session: From Rags to Riches: Outfitting Your Volleyball Team for Success *(All – All)* – presented by Volleyball Rags	Mateflex Court 2	Carly Rivera
4:15 – 5:15 p.m.	Sand Volleyball: Behind the Scenes *(All – All)* – presented by PAVO	AVP Sand Court	Keith Murlless
4:15 – 5:15 p.m.	Exhibitor Showcase Session: Top Coaches Share How to Best Leverage Your Time to Build Winning Relationships for Everyone that Touches Your Program *(All – All)* – presented by Scoutware	TCC 18 – 19	Amanda Carmichael (Moderator) & Panel
4:15 – 5:15 p.m.	Exhibitor Showcase Session: Game Management and Statistics for Better Coaching *(All – All)* – presented by Dimensional Software	TCC 20 – 21	Jack Damm
4:15 – 5:15 p.m.	Exhibitor Showcase Session: ESSENTIAL Video Analysis for Colleges, High Schools and Clubs *(All – All)* – presented by Data Project	TCC 22 – 23	Becky Schmidt & James Wilroy
4:15 – 5:15 p.m.	Exhibitor Showcase Session: ACL Education and Prevention *(All – All)* – presented by Nfinity	TCC 24	Barbara Morris
Friday, December 18, 2009			
1:30 – 2:30 p.m.	Defensive Eye Sequencing *(All – Intermediate)*	Mateflex Court 1	Dave Boos
1:30 – 2:30 p.m.	Setting Your Team on a Path for Success: Drills and Techniques for Training Your Setter *(All – Intermediate)*	Mateflex Court 2	Christy Johnson
1:30 – 2:30 p.m.	Developing Beach Skills to Play at an Elite Level *(College – Intermediate)* – presented by USA Volleyball	AVP Sand Court	Tyra Turner
1:30 – 2:30 p.m.	Beyond the Net: What Do You Know about the Players on Your Team? *(All – Intermediate)* – presented by the AVCA Minority Coaches Committee	TCC 18 – 19	Marcy Paul (Moderator), Cecile Reynaud, Scott Bukstein, Deitre Collins-Parker, Linda Hampton & Nanabah Allison-Brewer
1:30 – 2:30 p.m.	Tales from the Locker Room – Part III *(All – All)*	TCC 20 – 21	Al Scates
2:45 – 3:45 p.m.	When to Go for It: Training Outside Hitters to Hit for Percentage *(All – Intermediate)*	Mateflex Court 1	Jenny McDowell
2:45 – 3:45 p.m.	Float or Topspin? Stand or Jump? Individualized Serving Options for Your Players *(All – Intermediate)* – presented by USA Volleyball	Mateflex Court 2	Karch Kiraly & Bill Neville
2:45 – 3:45 p.m.	Drills for Training 10 – 12 Players on One Court *(College – Intermediate)*	AVP Sand Court	Angela Rock
2:45 – 3:45 p.m.	Lessons Learned in 75 Years of Coaching *(All – Intermediate)*	TCC 18 – 19	Russ Rose & Terry Liskevych
2:45 – 3:45 p.m.	The Physical Load of the Setter: Differences Between Game and Practice *(All – Advanced)*	TCC 20 – 21	Dr. Roberto Lobietti
2:45 – 3:45 p.m.	Volleyball Rules Forum *(College – Intermediate)*	TCC 10 – 12	Carly Pariseau, Marcia

			Alterman & Rachel Seewald
4 – 5 p.m.	Drills to Increase the Speed and Efficiency of the Transition Game *(All – Intermediate)*	Mateflex Court 1	Craig Skinner
4 – 5 p.m.	Forget Stretching and Partner Ball Handling: Game-Related Warm-ups *(All – Intermediate)* – presented by USA Volleyball	Mateflex Court 2	John Kessel
4 – 5 p.m.	Sand Court Construction: Keeping it Simple *(All – Intermediate)*	AVP Sand Court	Dave Williams
4 – 5 p.m.	Semi-Final Match Analysis – presented by Data Project & USA Volleyball *(All – Intermediate)*	TCC 18 – 19	Bill Neville & Alan Knipe
4 – 5 p.m.	Tips and Tools to Maintain Your Passion in Coaching *(All – Intermediate)*	TCC 20 – 21	Sue Enquist
Saturday, December 19, 2009			
9 – 10 a.m.	Training the Libero: Skill Development Drills to be More Than Just a Passer *(All – Intermediate)*	Mateflex Court 1	Cecile Reynaud
9 – 10 a.m.	Fun in the Summertime: Games and Activities for Your Summer Camp *(All – Intermediate)*	Mateflex Court 2	Jill Stephens, Rose Shires & Christyn May
9 – 10 a.m.	USAV Junior Forum: An Introduction to Beach Volleyball for Youth *(All – Intermediate)*	AVP Sand Court	Jon Aharoni
9 – 10 a.m.	Program Building: The Part They Didn't Tell You About *(All – Intermediate)*	TCC 18 – 19	Terry Pettit
9 – 10 a.m.	Serving and Passing for Success at the Women's International Level; What We Need to Do and How to Get There *(College – Advanced)* – presented by USA Volleyball	TCC 20 – 21	Hugh McCutcheon
9 – 10 a.m.	Fundraising for Your Club: From Cookie Dough to Managing a Capital Campaign *(High School/Club – Intermediate)* – presented by the JVA	TCC 22 – 23	Jenny Hahn
10:15 – 11:15 a.m.	Favorite Drills Learned After 1,000 Wins: Drill Ideas for the Start and End of Practice *(All – Intermediate)*	Mateflex Court 1	Peggy Martin
10:15 – 11:15 a.m.	VolleyTots Demonstration; Training and Development Ideas for Coaches *(All – Intermediate)* – presented by the JVA	Mateflex Court 2	John Sample & Tim Hardt
10:15 – 11:15 a.m.	Using Plyometrics to Build Strength and Conditioning *(All – Intermediate)*	AVP Sand Court	Mike Rangel
10:15 – 11:15 a.m.	Rotation Analysis and Match-up Decisions: Positioning Your Team for Success *(All – Intermediate)*	TCC 18 – 19	Mary Wise
10:15 – 11:15 a.m.	Ways to Walk the Sky: The Ins and Outs of Volleyball Jumping *(All – Intermediate)*	TCC 20 – 21	Shawn Myszka
10:15 – 11:15 a.m.	The Eight Tried and True Principles of Running a Successful Club *(High School/Club – Intermediate)*	TCC 22 – 23	Yvonne Devlin
11:30 a.m. – 12:30 p.m.	Swing Blocking: Theory and Practice *(All – Advanced)* – presented by USA Volleyball	Mateflex Court 1	Alan Knipe
11:30 a.m. – 12:30 p.m.	Developing a Middle Attack that Works: Exploring All Options *(High School/Club – Beginner/Intermediate)*	Mateflex Court 2	Angela Rock
11:30 a.m. – 12:30 p.m.	Shot Selection: Developing the Three "Must Haves" and Other Offensive Options *(All – Intermediate)* – presented by USA Volleyball	AVP Sand Court	Ali Wood Lamberson
11:30 a.m. – 12:30 p.m.	Tips and Tools to Maintain Your Passion in Coaching *(All –Intermediate)*	TCC 18 – 19	Sue Enquist
11:30 a.m. – 12:30 p.m.	Life Lessons Learned Behind the Great Wall: How Your Team Can Benefit from an International Trip *(College – Intermediate)*	TCC 20 – 21	Jeanne Hess, Sandy Vong & Chris Chen
11:30 a.m. – 12:30 p.m.	USAV Junior Forum: Mini-Volleyball, Maxi-Volleyball and Beach Volleyball for Youth *(All – Basic)*	TCC 22 – 23	John Kessel
1:30 – 2:30 p.m.	Professional Opportunities: Helping Your Seniors Play After College *(College – Advanced)*	TCC 18 – 19	Tim Kelly
1:30 – 2:30 p.m.	Steps for Starting a Satellite Club *(High School/Club – Intermediate)* – presented by the JVA	TCC 20 – 21	Bill Milborn
1:30 – 2:30 p.m.	Scouting an Opponent: Three Important Factors *(All – Intermediate)* – presented by USA Volleyball	TCC 22 – 23	Pati Rolf
2:45 – 3:45 p.m.	Game Management: In-Game Strategies and Tactics *(All – Intermediate)*	TCC 18 – 19	Shelton Collier
2:45 – 3:45 p.m.	Steps to Coaching Success: Advice for Coaches Starting Their Career *(All – Basic)*	TCC 20 – 21	Lynze Roos, Jamie Gordon , Lauren Sauer & Kyle Walton
2:45 – 3:45 p.m.	What I Didn't Know When I Started – Lessons Learned in Building and Sustaining a Large Club Tournament *(High School/Club – Advanced)*	TCC 22 – 23	Lauri Dagostino & Kay Rogness
4 – 5 p.m.	Offensive Options: Thinking Outside the Box *(All – Intermediate)* – presented by USA Volleyball	TCC 18 – 19	Stu Sherman
4 – 5 p.m.	Packing the Stands – Proven Success Strategies for Bringing Crowds to High School Matches *(High School/Club – Intermediate)*	TCC 20 – 21	Leslie and Jack Hamann
4 – 5 p.m.	USAV Junior Forum: The Changing Landscape of the USAV Junior National Championships *(High School/Club – Intermediate)*	TCC 22 – 23	Mike Chandler
Sunday, December 20, 2009			
9:30 – 10:30 a.m.	The Evolution of Recruiting: Advice for Coaches, Parents and their Student-Athletes on How to Manage the Recruiting Process *(High School/Club – Intermediate)*	TCC 18 – 19	Randy Dagostino & Panel
10:45 – 11:45 a.m.	How to Capture the Body, Mind and Spirit of the Athlete *(All – All)*	TCC 18 – 19	Jeff Duke

Alternate Sessions: How to Use Knowledge of Personality Styles to Improve Your Training and Recruiting – Mora Kanim, UCLA (Classroom)