



## 2008 AVCA Annual Convention Seminars At-A-Glance Omaha, Nebraska

\*Please note that any coach who reaches the NCAA Division I Women's Volleyball Championships will be excused from their presentation(s). A substitute session will be scheduled as a replacement. Please see the list of alternate sessions below.

DATE & TIME	SEMINAR TITLE <i>(Suggested Audience/Level)</i>	LOCATION	SPEAKER(S)
<b>Wednesday, December 17, 2008</b>			
9 a.m. – Noon	Pre-Convention Seminar: Analyzing the 2008 Olympic Games: Insights into Volleyball Playing Trends and the Impact on Your Team	QCC 213-214	Hugh McCutcheon & USAV Men's Staff
1:30 – 4:30 p.m.	Pre-Convention Seminar: Analyzing the 2008 Olympic Games: Insights into Volleyball Playing Trends and the Impact on Your Team	QCC 213-214	Sue Woodstra & USAV Women's Staff
<b>Thursday, December 18, 2008</b>			
8 – 9:30 a.m.	Steps to Prevent Volleyball Injuries <i>(All – Intermediate)</i>	QCC 211-212	Bill Briner
8 – 9:30 a.m.	Coaching C.L.O.U.T. – Improve and Facilitate Better Team Communication, Leadership and Teamwork <i>(All – Intermediate)</i>	QCC 213-214	Mora Kanim
8 – 9:30 a.m.	Offensive Organizational Considerations: Which Comes First .... the Chicken or the Egg? <i>(High School/Club – Intermediate)</i>	QCC 215-216	Bill Neville
9:45 – 10:45 a.m.	Examining Drugs, Alcohol and Supplement Use in Volleyball: What Do We Know? <i>(All – All)</i>	QCC 211-212	Kathy Turpin, Mary Wilfert, Neil Mason & Fran Flory
9:45 – 10:45 a.m.	Coaching Both Sides of the Brain <i>(All – Intermediate)</i>	QCC 213-214	Terry Pettit
9:45 – 10:45 a.m.	What Most Women Don't Know about the Job Marketplace – presented by the AVCA Minority Coaches Committee <i>(College – Intermediate)</i>	QCC 215-216	Cheryl Levick
2 – 3 p.m.	Improving the Range of Your Passer <i>(All – Intermediate)</i>	Mateflex Court 1	Trish Knight
2 – 3 p.m.	Stop Running in Circles! Play Games to Warm Up! <i>(High School/Club – Intermediate)</i>	Mateflex Court 2	Bill Neville & Bill Hamiter
2 – 3 p.m.	Using Sand Doubles Drills to Maximize Ball Contacts and Improve the All-Around Game <i>(All – Intermediate)</i>	AVP Sand Court	Ali Wood Lamberson
2 – 3 p.m.	Q&A with NCAA President Dr. Myles Brand <i>(College – Advanced)</i>	QCC 203-204	Dr. Myles Brand
2 – 3 p.m.	Developing Game Intelligence and Empowerment Coaching: Planning, Practice Administration and Performance Evaluation <i>(All – Advanced)</i>	QCC 211-212	Adriano de Souza
2 – 3 p.m.	Developing Leadership Skills through Conversations, Evaluations and Retreats <i>(All – Intermediate)</i>	QCC 215-216	Becky Schmidt
3:15 – 4:15 p.m.	Transition Skills and Strategy for the Championship Team <i>(All – Intermediate)</i>	Mateflex Court 1	Suzie Fritz
3:15 – 4:15 p.m.	Beach Volleyball Defensive Strategies and Footwork <i>(All – Advanced)</i>	AVP Sand Court	Danalee Corso
3:15 – 4:15 p.m.	A Frank Conversation Between a Coach and Official <i>(College – Intermediate)</i>	QCC 213-214	Mary Wise & Chuck Erbe
3:15 – 4:15 p.m.	Tales from the Locker Room – Part II <i>(College – All)</i>	QCC 215-216	Al Scates
<b>Friday, December 19, 2008</b>			
1 – 2 p.m.	Attacking Fundamentals and Concepts – presented by the AVCA Minority Coaches Committee <i>(All – Intermediate)</i>	Mateflex Court 1	Lee Maes
1 – 2 p.m.	Blocking Skills and Drills for the Championship Team <i>(All – Intermediate)</i>	Mateflex Court 2	Chuck Erbe
1 – 2 p.m.	Beach Volleyball Tactics and Strategy – presented by Mikasa <i>(All – Intermediate)</i>	AVP Sand Court	Todd Rogers
1 – 2 p.m.	Team Toughness Trojan-Style: Philosophy, Periodization Plan, and the Process Behind Championship Teams <i>(College – Advanced)</i>	QCC 213-214	Mick Haley & Michael Voight
1 – 2 p.m.	Understanding How the Division I Tournament Selection Process Works <i>(College – Advanced)</i>	QCC 215-216	Sharon Cessna & Marie Robbins
2:15 – 3:15 p.m.	Serve-Receive and Transition Tactics for Middle Blockers <i>(College – Advanced)</i>	Mateflex Court 1	Jerritt Elliott
2:15 – 3:15 p.m.	Jump Serve: Mechanics, Drills and Strategy – presented by the JVDA and AVCA Minority Coaches Committee <i>(All-Intermediate)</i>	Mateflex Court 2	Neil Mason
2:15 – 3:15 p.m.	Understanding the Differences Between the Beach and Indoor Game – presented by Mikasa <i>(All – Intermediate)</i>	AVP Sand Court	Todd Rogers
2:15 – 3:15 p.m.	Motor Learning: Applying the Science to the Art of Coaching <i>(All – Intermediate)</i>	QCC 213-214	Tom Tait
2:15 – 3:15 p.m.	Recruiting: Managing the Issues of Timing, Scholarships, Money & Fit <i>(College – Intermediate)</i>	QCC 215-216	Cecile Reynaud – Moderator; Mitch Jacobs, Brenda Williams & Jill Stephens

3:30 – 4:30 p.m.	Competitive Alternative Scoring Games ( <i>All – Intermediate</i> )	Mateflex Court 1	Stu Sherman
3:30 – 4:30 p.m.	Maximizing Practice Repetitions – presented by the JVDA ( <i>All – Intermediate</i> )	Mateflex Court 2	Mike Lingenfelter
3:30 – 4:30 p.m.	Plyometric Training for Improved Performance ( <i>All – Intermediate</i> )	AVP Sand Court	Karch Kiraly & Mike Rangel
3:30 – 4:30 p.m.	So You Want to be a Head Coach: Advice for Assistants Looking to Make the Move Up ( <i>College – Advanced</i> )	QCC 213-214	Ryan Theis, Sally Polhamus & Erich Hinterstocker
3:30 – 4:30 p.m.	Semi-Final Match Analysis ( <i>All – Intermediate</i> )	QCC 215-216	Shelton Collier & Jim Stone
<b>Saturday, December 20, 2008</b>			
8:30 – 9:30 a.m.	How to Develop Consistency in Your Setter ( <i>All – Intermediate</i> )	Mateflex Court 1	Cathy Noth
8:30 – 9:30 a.m.	Defending the Slide Attack ( <i>All – Intermediate</i> )	Mateflex Court 2	Cecile Reynaud
8:30 – 9:30 a.m.	Beach Volleyball Tactics and Strategy – presented by Mikasa ( <i>All – Intermediate</i> )	AVP Sand Court	Todd Rogers
8:30 – 9:30 a.m.	Nutrition for High School and Club Volleyball Players ( <i>High School/Club – Intermediate</i> )	QCC 211-212	Shelley Bradford
8:30 – 9:30 a.m.	Intensity, Concentration & Enthusiasm: The Three Keys to Volleyball Success ( <i>All – Intermediate</i> )	QCC 213-214	Paul Salitsky
8:30 – 9:30 a.m.	Best Practices for New and Existing Junior Clubs – presented by the JVDA ( <i>Club – All</i> )	QCC 215-216	John Sample, Jenny Hahn and Bill Milborn
9:45 – 10:45 a.m.	Game-Like Training and Skill Development ( <i>All – Intermediate</i> )	Mateflex Court 1	Beth Launiere
9:45 – 10:45 a.m.	No Space? No Problem! Half-Court Drills for Effective Training ( <i>High School/Club – Intermediate</i> )	Mateflex Court 2	Lauren Sauer
9:45 – 10:45 a.m.	Understanding the Differences Between the Beach and Indoor Game – presented by Mikasa ( <i>All – Intermediate</i> )	AVP Sand Court	Todd Rogers
9:45 – 10:45 a.m.	Funding Your Program: How to Identify People who will Help You Succeed ( <i>College – Advanced</i> )	QCC 211-212	Arnie Ball & Al Scates
9:45 – 10:45 a.m.	Coaching Both Sides of the Brain ( <i>All – Intermediate</i> )	QCC 213-214	Terry Pettit
9:45 – 10:45 a.m.	Serve Receive Strategies, Formation and Drills ( <i>High School/Club – Intermediate</i> )	QCC 215-216	Jean Kesterson
11 a.m. – Noon	Triangle Offense: Finding Success with Three Middles ( <i>All – Intermediate</i> )	Mateflex Court 1	Jeff Carroll
11 a.m. – Noon	VolleyKids Demonstration: Volleyball Skill Development and Games for Youth ( <i>High School/Club – Beginners</i> )	Mateflex Court 2	Tim Vande Schraaf
11 a.m. – Noon	How to Use Sand as a Spring Training Tool ( <i>All – Intermediate</i> )	AVP Sand Court	John Cook
11 a.m. – Noon	Behind the Game: Volleyball Operations ( <i>College – Advanced</i> )	QCC 211-212	Kelley Kish
11 a.m. – Noon	Examining the Rover Defense: How to use it Successfully with Your Team ( <i>All – Intermediate</i> )	QCC 213-214	Rich Luenemann
11 a.m. – Noon	Life After College: Exploring International Playing Opportunities for Your Student-Athletes ( <i>College – Advanced</i> )	QCC 215-216	Arnie Ball
1 – 2 p.m.	Running and Promoting a Successful Collegiate Beach Tournament ( <i>College – All</i> )	QCC 211-212	Dave Carstenson & Tom Collett
1 – 2 p.m.	Sport – Where Personality Meets Performance: Tips for Coaching the Entitled Generation ( <i>All – Intermediate</i> )	QCC 213-214	Paul Salitsky
1 – 2 p.m.	Advantages of Sending High School Student-Athletes to Two-Year Schools ( <i>All – Intermediate</i> )	QCC 215-216	Trish Knight & Terry Gamble
2:15 – 3:15 p.m.	Understanding the High School and Club Coaches' Role in the Recruiting Process ( <i>High School/Club – All</i> )	QCC 211-212	Barry McLean
2:15 – 3:15 p.m.	Recruiting to Your System ( <i>College – All</i> )	QCC 213-214	Matt Peck
2:15 – 3:15 p.m.	Grade School Volleyball in Japan: Exploring Philosophical Differences in Training and Competition – presented by the JVDA ( <i>Club – Intermediate</i> )	QCC 215-216	Rich Zeciski & Tim Hardt
3:30 – 4:30 p.m.	Team and Individual Defensive Positioning Principles ( <i>All – Intermediate</i> )	QCC 211-212	Dorothy Webb
3:30 – 4:30 p.m.	Developing Your Functional Coaching Philosophy ( <i>High School/Club – Beginners</i> )	QCC 213-214	Don Burroughs
3:30 – 4:30 p.m.	Collegiate Sand Volleyball: Options for Competition Format, Staffing, Season Length and Financial Aid ( <i>College – Advanced</i> )	QCC 215-216	Kathy DeBoer – Moderator, Lynn Holzman & TJ Meagher
<b>Sunday, December 21, 2008</b>			
9 – 10:15 a.m.	Making Parents into Partners ( <i>High School/Club – All</i> )	QCC 213-214	Dave Gentile
10:30 – 11:45 a.m.	Three Step Approach to Designing an Off-Season Volleyball Conditioning Program ( <i>All – Intermediate</i> )	QCC 213-214	Robert Brown

Alternate Sessions:      Game-Like Training and Skill Development – Beth Launiere, University of Utah (Mateflex Courts)  
Using Sand Volleyball Drills as a Spring Training Tool for Your Team – Mike Rangel, Plyocity (AVP Sand Court)