AVCA Division III Women’s Invitational Tournament

April 9 – 10, 2021
The Academy Volleyball Club
Indianapolis, IN

Coaches: please sign and return the final page of this document to verify that you have read the policy. Contact Alice Rogers with any questions.
Purpose
The Safety Manual outlines the procedures and guidelines the American Volleyball Coaches Association (AVCA) & The Academy Volleyball Club have instituted to protect event participants and public health during the COVID-19 Pandemic.

The manual aligns with the Centers for Disease Control (CDC), Indiana State Department of Health (ISDH), and Occupational Safety and Health Act (OSHA) recommendations to the greatest extent possible.

Event Overview
AVCA Division III Women’s Invitational Tournament

Date: April 9-10, 2021 (with optional practice time in the facility April 8th).

Anticipated attendance:

16 teams and staff
   Approx. 10 Academy Volleyball staff
   Approx 5 AVCA staff/volunteers
   Match officials as scheduled
   *Spectators (see below)

Total building occupancy: 1,000 (see below)*

*The event is open to spectators as occupancy allows. Spectators must wear masks and will be subject to screening upon entry. Event has not been promoted to the general public, so spectators are expected to be mainly family/guests of participating teams. AVCA does NOT expect to have a large number of spectators. Capacity will be closely monitored and social distancing will be enforced.

Screening, Temperature Checks

- All individuals including staff, participants, spectators, officials, athletes, and coaches will be screened before entering the building. The screening will include a temperature check and verbal completion of a health survey.
- People with temperatures reading 100.4 degrees or above or who do not pass the health survey questions will not be permitted access.
- Anyone answering yes to the health survey questions will be denied entry to the event.
- AVCA encourages participants and guests to monitor their health and not attend if they are ill, particularly if they are exhibiting symptoms of COVID-19 as recognized by the CDC or if they are in contact with someone who is exhibiting symptoms of COVID-19.

Face Coverings

- Masks are required for everyone at all times, including athletes playing on the court. Brief removal of masks when eating/drinking is OK if maintaining social distance.

Handwashing & Enhanced Sanitization

- Hand sanitizing stations are readily available throughout the facility.
- Athletes should sanitize their hands frequently including before and after warm-ups, at timeouts, and any time they leave the playing court. Coaches and other personnel should sanitize their hands as often as possible.
- Game balls will be sanitized frequently including between matches, practice, and warmups.
Capacity Management
- Total building capacity is 1,000 people. Capacity will be closely monitored and social distancing will be enforced. (Please note that the AVCA does NOT anticipate that attendance will come close to this 1,000 person limit, see notes on page 2).

Physical Distancing
- Every other row on bleachers will be blocked off for seating.
- Players and coaches may use an entry and exit separate from spectators.
- Social distancing will be maintained in athlete seating areas and teams will not switch benches between sets.
- Athletes will not shake hands as part of pre- and post-match protocol.
- Score bench personnel will be distanced from each other.
- Matches will not be played on side-by-side courts.
- Awards Ceremony will be modified to eliminate close interaction.
- Teams will each have a table that they may use throughout the event for gear storage, meals, etc. This table will not be shared.

Isolation Protocol
- An isolation room will be available if someone feels unwell or is showing symptoms during the event, and needs a place to wait until transportation is arranged.
- Notify AVCA or event staff immediately if isolation space or emergency medical assistance are needed.

Food Safety
- Concession stand will be open during the event. Outside food and beverage are also allowed.
- All food service employees will undergo a daily wellness check and will be required to wear a mask and gloves.
- Seating will be reduced/modified to all for physical distancing.

Testing
- Teams will be expected to maintain their reported testing protocols as required by their institution. See pages 4-5 for current testing policies reported by participating schools. ***If your reported policy has changed, notify Alice Rogers so updates can be shared ASAP.***
- AVCA will not require proof of test results, teams will manage their own results and reporting.
- AVCA will collect team rosters for contact tracing.
- **AVCA will NOT be providing any on-site testing.** Teams are expected to follow their own testing protocol and make any needed arrangements for testing.
Local Testing Sites

- State of Indiana COVID resources [https://www.coronavirus.in.gov/2524.htm](https://www.coronavirus.in.gov/2524.htm)
- Walgreens [https://www.walgreens.com/findcare/covid19/testing](https://www.walgreens.com/findcare/covid19/testing)

Requirements to be Tested
Testing for individuals 18 years and older. - Take the eligibility assessment at Walgreens.com/COVID19Testing. If eligible, you will be directed to select a location and time.

Payment Options
Testing is available at no cost to eligible individuals who meet criteria established by the Centers for Disease Control and Prevention (CDC) and state and federal guidelines.

Locations:
- 4555 N Shadeland Ave, Indianapolis, IN 46226 (3 miles from The Academy)


Scheduling
Appointment required - Drive-thru testing available

Locations:
- 9550 Allisonville Rd, Indianapolis, IN 46250 (9 miles from The Academy)
- 5925 East 71st Street, Indianapolis, IN 46220 (7 miles from The Academy)
- 9805 Geist Crossing Drive, Indianapolis, IN 46256 (8 miles)
- 1030 Arlington Avenue, Indianapolis, IN 46219 (3 miles)
- 7240 E 82nd Street, Indianapolis, IN 46256 (8 miles)

- Indiana Immediate Care - Pendleton Pike [https://www.solvhealth.com/book-online/ABXGDg](https://www.solvhealth.com/book-online/ABXGDg)

10950 Pendleton Pike, Indianapolis, IN 46236

Scheduling
Please call in to the clinic from the parking lot. We will register and screen you over the phone and have someone come out to do your testing.

Hours Mon-Fri: 9:00AM - 9:00PM Sat-Sun: 9:00AM - 5:00PM

Requirements to be Tested - Appointment required for testing.

Payment Options - Hoosiers will not be charged for testing and insurance is not required. If you have private health insurance, please bring that information with you.

Contact Information
317-723-3875
## Testing protocols reported by participating schools (as of 3/25/2021):

<table>
<thead>
<tr>
<th>Head Coach</th>
<th>School</th>
<th>Conference</th>
<th>Please describe your program's COVID testing protocols. Include what type of testing is performed, and how often.</th>
</tr>
</thead>
<tbody>
<tr>
<td>April</td>
<td>Elsbernd</td>
<td>University of Dubuque</td>
<td>We have PCR Testing available weekly, and more frequently if someone has symptoms. We are in the process of getting rapid tests. For conference play we will be surveillance testing 25% of athletes, but could test all if needed.</td>
</tr>
<tr>
<td>Kelly</td>
<td>Bethke</td>
<td>Augustana College</td>
<td>We test 20% of our team once per week before competition. We use the rapid deep nasal test.</td>
</tr>
<tr>
<td>Leanne</td>
<td>Ulmer</td>
<td>Carthage College</td>
<td>Saliva tests once a week for 1/4 of roster.</td>
</tr>
<tr>
<td>Julie</td>
<td>Hall</td>
<td>Elmhurst University</td>
<td>Either pcr testing 1x week or rapid test 3x week. Every week for coaches, every other week for players.</td>
</tr>
<tr>
<td>Kim</td>
<td>Nelson-Brown</td>
<td>Illinois Wesleyan University</td>
<td>We do weekly PCR nasal testing plus we have access to rapid tests too. If anyone tests positive, they are placed in quarantine. Direct contacts are also immediately placed into quarantine and tested 5 days after the initial contact. They cannot test out of quarantine.</td>
</tr>
<tr>
<td>Debra</td>
<td>Kiick</td>
<td>Millikin University</td>
<td>Following NCAA testing for those who wear masks. We test weekly on campus (25-50% of roster weekly since we wear masks)</td>
</tr>
<tr>
<td>Lauren</td>
<td>Horton</td>
<td>Earlham College</td>
<td>We are currently being tested once a week. At each practice we are required to wear masks. We are also doing daily symptom checks as well as temperature checks at each practice.</td>
</tr>
<tr>
<td>Amy</td>
<td>Barmore</td>
<td>Transylvania University</td>
<td>All testing done by Transy staff using a PCR test. Surveillance testing of 35% of team, coaches included, done every week</td>
</tr>
<tr>
<td>Brooke</td>
<td>Beasley Carter</td>
<td>Mississippi University for Women</td>
<td>We currently wear masks during participation and test our entire team weekly with a rapid test. We also do daily monitoring with symptom checking and temperature checks.</td>
</tr>
<tr>
<td>Jeff</td>
<td>Meeker</td>
<td>Cornell College</td>
<td>100% masking in training and competition. 25% Random weekly testing-PCR Saliva. 100% PCR testing within 72 hours of travel or antigen testing within 24 hours of travel for all tier I members of the program. 100% testing upon return to campus from Spring Break. Daily symptom tracker (temperature, contact tracing). Players subject to weekly random antigen testing on campus.</td>
</tr>
<tr>
<td>Name</td>
<td>School</td>
<td>Conference</td>
<td>Testing Details</td>
</tr>
<tr>
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</tr>
<tr>
<td>James</td>
<td>Aurora University</td>
<td>NACC</td>
<td>We are following the NCAA testing guidelines for women's volleyball. 25% of the roster is tested bi-weekly and the whole travel party is tested before departure.</td>
</tr>
<tr>
<td>Janelle</td>
<td>Concordia University Wisconsin</td>
<td>NACC</td>
<td>RTPCR testing and following NCAA guidelines with testing. Currently testing once a week 100% of the roster.</td>
</tr>
<tr>
<td>Ryan</td>
<td>Lakeland University</td>
<td>NACC</td>
<td>Currently, we Antigen test 50% of our team and staff one week and the other 50% the following week. When our athletes return from off campus, they isolate for four days and then PCR test. We also antigen test the morning of competitions.</td>
</tr>
</tbody>
</table>
| Tom       | Greenville University | SLIAC      | * testing 2x a week - Mondays and Thursdays  
* masking for practices and matches  
* PCR saliva testing partnered with University of Illinois  
* no spectators at events |
| Merry     | Webster University | SLIAC       | We test half the team each week and use Abbot rapid tests. Players are daily temperature checked, complete a daily health screen and masked at all times (including during play). |
| Joanna    | Covenant College  | USA South   | 25% surveillance testing, once a week (Mondays). Rapid tests are used  
If Rapid test comes back positive, contact tracing is performed and PCR test is administered. If the PCR test is positive, student quarantines for 14 days. If PCR is negative, then athlete still quarantines with a rapid test every 24 hours for the next 3 days. After 3 negative tests, student comes out of quarantine. |
Head Coaches: please sign and return this document to verify that you have read the policy.

Contact Alice Rogers with any questions.

School ____________________
Name ______________________
Date   /   /21

Sign and initial below.

I, ____________________ acknowledge that I have reviewed the COVID guidelines for the AVCA Division III Women’s Invitational Tournament, April 8 – 10, 2021.

_____ I verify that my reported testing guidelines as listed on pages 4-5 are still up-to-date with current team/conference policy, and testing will be conducted as indicated prior to the event.

_____ I understand that AVCA will NOT be providing any on-site testing.

_____ I verify that my team will be permitted to participate based on the other reported policies.

_____ I verify that my team will compete in masks, as required by the event policy.

**If your policy has changed, conflicts exist with other reported policies, or you have questions, contact Alice Rogers.**