**Learning Objectives:**

1) Incorporating *new perspectives* to improve our team’s training and competitive environment.

2) Planning and strategies to bolster your *team strength* and improve on shortcomings.

3) Coaching preparations to ensure quality learning during each practice and opportunities for competitive edge.

**Key Points:**

The Japanese differences:

a. Skills - repetitive and specialized learning

b. Coaching approach – address the critical areas

c. Practice philosophy – execution and effort

d. Competition preparation – training partners and planning ahead

e. Rules – standardizing for all levels

f. In-game protocol/management – structure and expectations

g. Strength/conditioning training – focus on space and time.

**Conclusion:**

1) The primary objective for this presentation is to help coaches to maximizing their team’s and individual student-athletes’ potential to succeed. New perspectives beyond the science of coaching: “Outside the box” thinking, cultural expectations, successful elements, communication routines, and team bonding.

2) The key is how to make each unique coaching challenge a successful one for the student-athletes. Plans and assessments for incorporation, cooperation and paradigm shift.

3) The final focus is on how to nurture the best learning environment for our student-athletes and be prepared each day physically, mentally and socially for our challenges on and off the court.