

**AVCA Girls High School All-America Program
2023 Awards Packet**



Online Nominations open **Friday, October 6, 2023 @ 8:00 am (ET)**
and run through **Monday, October 16, 2023 @ 5:00 pm (ET)**.

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AVCA Announces Plans for the AVCA All-America Program



LEXINGTON, KY. (September 27, 2023) - The AVCA is excited to announce several updates regarding the AVCA High School All-America Volleyball program, as well as the AVCA Best and Brightest Awards.

On November 8th, the AVCA will announce three teams of 50 AVCA All-Americans and another 150 athletes as AVCA All-American Honorable Mention for a total of 300 athletes selected. The AVCA All-Region Teams will be composed of the top 50% of nominated players from each Region. The AVCA will not be pre-selecting any athletes this year, and all selections will be made exclusively from nominations received from October 6th through the 16th.

Introduced in 2021, the AVCA Best & Brightest Award was created in order to honor individual High School Senior athletes who excel on and off the court. The nomination for this will be included in the All-American nomination form as an optional additional section. Coaches can elect to nominate athletes for All-American Awards without nominating an athlete for the Best and Brightest Award and must have consent from the athlete to share their GPA via the nomination form.

In order to be eligible for the AVCA Best and Brightest Award, Senior athletes must earn at least a 3.5 Unweighted GPA (or the equivalent, if using a different GPA scale) during their Junior year AND play in 50% of their Varsity team's sets during their Senior season. Additional tiers of recognition apply, as a First Team, Second Team, and Honorable Mention Best and Brightest team will be announced based on GPA.

The AVCA is committed to ensuring that the AVCA All-America Teams are chosen by those who are most qualified to identify the top high school athletes in the country: high school coaches. The AVCA High School All-America Committee is comprised of high school coaches representing ten regions from around the country. Each region will also award and recognize their own AVCA All-Region Team. Much like the AVCA All-America Committee, the ten AVCA High School All-Region Committees will each have diverse representation to ensure the top high school Seniors are selected.

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About AVCA

The AVCA, with its headquarters in Lexington, Ky., is managed by Associations International. The mission of the AVCA is to advance the sport of volleyball with AVCA coaches at the

epicenter of leadership, advocacy and professional development. With a membership of over 8,000 and counting, the AVCA provides a professional network for those individuals and companies dedicated to enhancing and promoting the sport. Members include collegiate, high school, club, youth and Olympic coaches, as well as volleyball club directors. The AVCA provides education to volleyball coaches, recognition of elite players and coaches, promotion of volleyball competitions throughout the world, and networking opportunities for volleyball products and services providers. Further information is available at www.avca.org.

2023 AVCA High School All-America Program Postseason Awards Timetable

The following is a list of the awards deadlines and timetables established by the AVCA. It has been outlined so that you will be able to monitor all of the deadlines, enabling your student-athletes to be eligible for postseason honors.

AWARDS TIMETABLE

Friday, October 6– Online Nominations of student-athletes OPEN

- Nominations will be accepted online beginning at 8:00 am (ET).
- Nominations for the AVCA Best and Brightest Award are included in the AVCA All-America Nomination Form

Monday, October 16 – Online Nominations of student-athletes CLOSE

- Nominations for AVCA All-America and AVCA Best and Brightest will be accepted online through 5:00 pm (ET).
- High School Coach of the Year nomination forms due at 5:00 pm (ET)

Wednesday, October 25 – AVCA Best and Brightest Awards Announced

Wednesday, November 1 –AVCA All-Region Team Announced

- 50% of nominations from each region will determine the number of athletes on the All-Region Team from each region. The top 50% of athlete nominations will receive the All-Region Award. The top 50% will include the First-Team, Second-Team, Third-Team, and Honorable Mention Athletes.

Wednesday, November 8 – AVCA High School All-America Teams officially announced

- 300 total student-athletes named as AVCA High School All-Americans- 50 per First, Second and Third Team as well as 150 Honorable Mention All-Americans.

Wednesday, November 15 – AVCA Region Coaches of the Year Announced

- Each AVCA region will select 4 winners for a total of 40 winners.

Wednesday, November 22 – AVCA National Coaches of the Year Announced

- Two national Coaches of the Year announced.

AVCA High School Senior All-America Postseason Awards Committees

The following coaches have been chosen to participate on the 2021 AVCA Postseason Awards Committees. The chair of each region serves on the National Selection Committee. **State representatives must be active AVCA members.**

2023 GIRLS' HIGH SCHOOL SENIOR ALL-AMERICA REGION REPRESENTATIVES

Region 1

NY – Gary Bynon, Burnt Hills-Ballston Lake High School (Chair)

CT – Richard Heitz, Southington High School
MA – Rob Slavin, Sacred Heart High School
ME – Rob Thompson, Maine Volleyball Coaches Assoc.
NH – Matt Bynon, Windham HS
NY – Rich Newton, Penfield High School
NY – Deron Brown, Smithtown West
RI – Kathy McGeehan, East Hampton High School

Region 2

MD- Jason Monjes, Glenelg High School (Chair)

DC – Bill Pribac, St. John's College High School
DE – State Rep Needed
NJ – Anthony McMichael, Roxbury High School
PA – John Saboe, Altoona Area High School
VA – Tom Stephenson, Jamestown High School

Region 3

SC – Alexis Glover, Wando High School (Chair)

AL – Kate Wood, McGill-Toolen Catholic HS
FL – Lisa Zielinski, St. Thomas Aquinas HS
GA – Cat Monroe, Pace Academy
NC – Zoe Bell, Ardrey Kelly High School
SC – Paula Kirkland, Dorman High School
TN – Becky Pendleton, Houston High School

Region 4

TX – Terri Wade, Woodlands High School (Chair)

AR – Margi McGee, Valley View High School
LA – Sivi Miller, St. Joseph Academy
MS – Melissa Denson, Jackson Academy
OK – Faith Avalos, Norman North
TX – Rachel Torvik, San Antonio Reagan HS
TX – Marci Laracuenta, Hays High School

Region 5

OH – Max Miller, Bishop Watterson High School (Chair)

KY – Tasha Tanner-Lovins, Ryle High School
KY – Adam Ivetic, Sacred Heart High School
IN – Scott McQueen, Avon High School
IN- Michael Ortman, The Academy
MI- Betty Wroubel, Notre Dame Prep
MI –Craig Vliestra, Michigan Volleyball Academy
MI –Kelly Delacher, Rockford High School

MI – Vince Muscat, Michigan Elite Volleyball Academy
OH – Danny Coughlin, Gilmour Academy
WV – **State Rep Needed**

Region 6

MO – David Harris, Helias High School (Chair)

IA – Rick Brooks, Johnston High School
IL – Crystal Franklin, Thornwood High School
IL – Erik Vogt, Montini High School
MO – Zach Young, Lafayette Wildwood
WI – Brett Damrow, Howards Grove High School
WI – Steve Scheurell, Appleton North High School

Region 7

NE – Mike Brandon, Gretna High School (Chair)

MN – Jim Lee, Ada High School
ND – Jamie Zastoupil, Bismarck Century HS
SD – Deb Thill, Mitchell High School

Region 8

KS – Nancy Dorsey, St. James Academy (Chair)

CO – Rob Graham, Grandview High School
NM – Toby Manzanares, Rio Rancho High School
UT – Deanna Meyer, Skyridge High School
WY – Jill Stucky, Laramie High School

Region 9

CA – Jessica Papell, San Juan Hills High School (Chair)

CA – Chris Tigno, San Mateo High School
CA – Rhonda DeRuiter, Clovis West High School
CA – Dan O'Dell, Mater Dei
CA – Kara Hanes, Del Norte
AZ – Chris Brown, Liberty High School
NV – **State Rep Needed**

Region 10

AK – Gary Steinfert, Eagle River High School (Chair)

HI – Kainoa Obrey, Iolani School
ID – George Hamilton, Aberdeen High School
MT – Iona Stookey, Huntley Project High School
OR – **State Rep Needed**
WA – Jill Benson

AVCA All-America Student-Athlete Awards Information



The AVCA All-America postseason awards program is in its fifteenth year. The AVCA is proud to honor deserving student-athletes by selecting an All-America team comprised of 150 female high school senior student-athletes (50 athletes on each of the First, Second, and Third Teams) as well as 150 Honorable Mention AVCA All-Americans. The AVCA High School All-America program selection committee is comprised of 10 high school coaches from across the nation. Prior to the national committee making the final selections, AVCA representatives from each state participate in regional evaluation of the candidates.

NOMINATING PROCEDURES

There are no restrictions regarding how many student-athletes one team may nominate, as there are no restrictions on the number of student-athletes that one team can place on the AVCA High School All-America Team.

NOMINATION RULES & REQUIREMENTS

The general requirements for nominating a student-athlete for AVCA postseason honors are:

- The student-athlete must meet all eligibility requirements as listed in the rules adopted by her respective institution;
- **The student-athletes high school coach must be an active AVCA Member;**
- **The student-athlete must be in the process of completing her senior year of eligibility;**
- **The student-athlete must be nominated by her institution;**
- **Head coaches must be using maxpreps.com, a free service to coaches, to upload team and individual statistics versus all opponents for the entire season;**
- **Athletes must participate in 50% of their varsity team's sets at a minimum as evidenced by the MaxPreps stats submission for the athlete;**
- All deadlines and guidelines must be met for a nomination to be considered.

TERMS FOR DISQUALIFICATION

Failure to meet the above stated rules and requirements may result in the disqualification of a student-athlete from AVCA postseason awards consideration.

ALL-AMERICA NOTIFICATION

If your student-athlete is selected as a First Team AVCA High School All-American, you will be notified on Monday, November 6 via a phone call from the AVCA Office staff. Head coaches - providing a number where you can be reached away from your home or office is most helpful. Please be accessible at the number you provide on this day.



AVCA Best and Brightest Student-Athlete Awards Information

The AVCA Best & Brightest Award is meant to honor individual High School Senior athletes who excel on and off the court. The nomination for this will be included in the All-American nomination form as an optional additional section. Coaches can elect to nominate athletes for All-American Awards without nominating an athlete for the Best and Brightest Award and must have consent from the athlete to share their GPA via the nomination form.

In order to be eligible for the Best and Brightest Award, Senior athletes must earn at least a 3.5 Unweighted GPA on a 4.0 scale (or the equivalent, if using a different GPA scale) during their Junior year AND play in 50% of their Varsity team's sets during their Senior season.

Some additional tiers of recognition apply:

- AVCA Best and Brightest First Team: 3.8 Unweighted GPA or above
- AVCA Best and Brightest Second Team: 3.65 Unweighted GPA or above
- AVCA Best and Brightest Honorable Mention: 3.5 Unweighted GPA or above

NOMINATING PROCEDURES

The AVCA Best and Brightest nomination will be part of the AVCA All-America Awards nomination form distributed by the AVCA. Coaches must have consent from their athlete in order to share their GPA via the nomination form. There are no restrictions regarding how many student-athletes one team may nominate.

NOMINATION RULES & REQUIREMENTS

The general requirements for nominating a student-athlete for AVCA postseason honors are:

- The student-athlete must meet all eligibility requirements as listed in the rules adopted by her respective institution;
- **The student-athlete's high school coach must be an active AVCA Member;**
- **The student-athlete must be in the process of completing her senior year of eligibility;**
- **The student-athlete must be nominated by her institution;**
- **Head coaches must have consent from the athlete in order to share their GPA via the nomination form;**
- **The student-athlete's reported GPA must meet the Best and Brightest GPA requirements as set forth by the AVCA;**
- **Head coaches must be using maxpreps.com, a free service to coaches, to upload team and individual statistics versus all opponents for the entire season;**
- **Athletes must participate in 50% of their varsity team's sets as a Senior as reported via a MaxPreps stats submission for the athlete;**
- All deadlines and guidelines must be met for a nomination to be considered. If you need clarification, please contact [Alex Fitzmorris-Sorn at the AVCA](#).

TERMS FOR DISQUALIFICATION

Failure to meet the above stated rules and requirements may result in the disqualification of a student-athlete from AVCA postseason awards consideration.

AVCA High School All-Region Award

In response to the incredible growth of girl's high school volleyball participation, playing quality, and the number of AVCA High School All-America nominations, the AVCA has expanded the awards offered to high school athletes through an **AVCA High School All-Region award**.

In the week prior to the announcement of the AVCA High School All-American teams, the 10 AVCA Regions will announce an amount of All-Region selections. The number of athletes on each All-Region team will be determined by the number of AVCA All-America nominations each region receives. The top 50% of nominated athletes according to the AVCA committees from each region will be the athletes who are named All-Region.

By naming winners as a percentage amount of nominations by region, the AVCA will name winners in proportionality with the quality and growth of girl's high school volleyball. The All-Region team will include the athletes named to the First Team, Second Team, Third Team, and Honorable Mention in each Region.

AVCA Region Coach of the Year

The AVCA will select and announce Region Coaches of the Year. Each of the 10 Region Committees will select four (4) winners for a total of forty (40) selected coaches. The winners will be announced on Wednesday, November 15. Coaches will be selected based upon several criteria:

- Team success during 2023 season up to date of selections
 - Committees will consider as much regular season and postseason results as possible
- Professionalism with team and on sideline
- Ability to meet or surpass team expectations
- Willingness to be a leader in region/state

The only requirement in order to be considered is that each coach MUST be an active AVCA member. There will not be an official nomination process. The committees listed above will review the top member coaches from their region and make their selections accordingly.

Each coach will be granted a complementary AVCA Convention Registration (*if they are a first time Convention attendee*). Awards will be shipped to the individual winners.

AVCA National Coach of the Year

Select members of the AVCA All-American Committee will select two (2) coaches as the 2022 AVCA National Coaches of the Year. Each coach will be granted a complementary AVCA Convention Registration (*if they are a first time Convention attendee*).

Considered coaches must be nominated online using an online nomination form during the nomination period starting on **Friday, October 6 and ending on Monday, October 16**. Nominated coaches will be considered for three (3) years after being nominated. Coaches must be active AVCA members in order to be considered.

Selections will be based upon the coach's entire career, not just 2023. It is not required that the winner also be a 2023 Region Coach of the Year award winner. The selection committee intends for this award to be a career achievement for tenured, influential, and successful coaches. The winners will be announced on **Wednesday, November 22**.

AVCA Postseason Awards Statistical/Selection Criteria



The AVCA receives all stats from MaxPreps – a free nationwide high school sports Web site.

To request your free login visit www.maxpreps.com.

Your Source for High School Volleyball

One of the criteria used by the postseason selection committees will be statistics. The committee realizes the great diversity of statistics which will be presented by the candidates. **It will be just one of the criteria used.** All calculations should be made using the interpretations founding the NCAA Volleyball Statistics Manual and the statistics explanation form included in this packet. All statistical data will be considered; however, the importance of each shall be left to the judgment of the selection committees. Nominees with incomplete statistics and/or supporting information **will be severely disadvantaged and potentially eliminated during the selection process.**

IMPORTANT: The statistical minimums listed below are meant to serve as guidelines, not as firm requirements, for All-America nominees.

STATISTICAL CRITERIA

A. Attack

1. Kills per set
 - a. Middle Blockers – 2.75
 - b. Outside Hitters – 3.25
 - c. Right Side – 2.0
2. Hitting efficiency

B. Set (for setters only)

1. 5-1: Assist per set – 11.00
2. 6-2: Assist per set – 5.50

C. Serve

1. Aces per set

D. Pass (service reception)

1. Is candidate a primary passer?
2. Reception errors

E. Digs

1. Digs per set

F. Blocks

1. Block Solos – 1 point
2. Block Assists – 1 point
3. Blocks per set
 - a. Middle Blockers – 1.00
 - b. Outside Blockers – 0.40
 - c. Right Sides – 0.50

G. Team schedule with results

1. Regular season competition
2. Post season competition

SELECTION CRITERIA

A. Middle Blockers

1. Primary Considerations
 - a. Hitting efficiency
 - b. Kills per set
 - c. Blocks per set
2. Secondary Considerations
 - a. Passing
 - b. Digging

B. Outside/Opposite Hitters

1. Primary Considerations
 - a. Hitting efficiency
 - b. Kills per set
 - c. Digging
 - d. Passing
2. Secondary Consideration
 - a. Blocking

C. Total Points per Set

1. Kills + Block Solos + (1/2) Block Asst + Aces/set

D. Setters/Hitters

1. Primary Considerations
 - a. Assists per set
 - b. Kills per set
 - c. Hitting efficiency
 - d. Blocking
2. Secondary Considerations
 - a. Team attack percentage
 - b. Digging

E. 5-1 Setters

1. Primary Considerations
 - a. Assists per set
 - b. Team attack percentage
 - c. Blocking
 - d. Digging
2. Secondary Considerations
 - a. Individual hitting efficiency

F. Libero

1. Primary Considerations
 - a. Digs per set
 - b. Reception errors per set
 - c. Receptions per set

AVCA Statistical Guidelines and Definitions

Coaches should ensure that keepers of team statistics are using these definitions and guidelines. It is important to note if a player is a primary passer. The definition of a **primary passer** is a player who is one of your best passers AND takes a strong role in your service reception formations. They should actually pass a large percentage of your team's service receptions and be prominent in most all rotations for service reception.

KILLS – any attack that lands for a point

Also award a KILL when:

- ...a free ball crosses the net and lands on the floor
- ...a set, intentional or not, crosses the net and lands on the floor
- ...an attack is blocked out of bounds or in the net
- ...when an opposing blocker is in the net, or has a centerline violation
- ...a dig attempt that crosses the net and lands on the floor for a point
- ...an attack followed immediately by an official's called blocking error (see blocking error)

ATTACK ATTEMPT – any overhead contact of the ball designed to score

ATTACK ERROR – any overhead contact of the ball that

- ...is hit out of bounds
- ...is hit into the net leading to a four-hit violation
- ...hits the antenna
- ...is blocked down by the opposition on the same side of the attacker leading to a point
- ...makes a centerline violation
- ...is called for an illegal contact

ATTACK PERCENTAGE – (Kills – Errors) / Total Attacks

e.g. (10 kills – 2 errors) / 16 total attacks = 8/16 = .500

ASSIST – awarded to the player who passes the ball to a teammate who attacks the ball for a kill

- ...an assist is generally the second contact in a play sequence, followed immediately by a kill on the third contact
- ...an assist can be awarded off a dig (first contact), provided the attack comes on the second contact

SERVICE ACE – is awarded when

- ...a serve lands untouched on the opponent's side
- ...the receiving team has overlapped or is out of rotation
- ...if the passer is whistled for a reception error
- ...the serve is passed, but cannot be kept in play

SERVICE ERROR – is awarded when

- ...the server foot faults
- ...the serve doesn't advance past the net, is out of bounds, or hits the antenna
- ...the server is out of rotation (service error is charged to the person who should have served)
- ...NOTE: A ball that hits the net but continues over to the opponent's side and remains in bounds is not a service error

RECEPTION ATTEMPT – is awarded when

- ...a Team B player attempts to receive a Team A player's serve

RECEPTION ERROR – is awarded when

- ...the serve hits the floor near a player
- ...player passes the ball, but it can't be kept in play
- ...player is called for a lift
- ...NOTE: For every service ace, there must be a corresponding service error. When a service aces falls between two players and the scorer cannot judge fault, a Team Reception error is recorded. Team Reception errors also occur when the receiving team is out of rotation.

AVCA Statistical Guidelines and Definitions Continued

DIG – is awarded when a defensive player keeps a bona fide attack in play with a pass

...a dig is only awarded off an attack attempt from the opposing team

...thus, a dig is NOT awarded when Team A continues to play off a Team B block attempt as it is not an attempt

...a dig is NOT awarded on a serve attempt, as this is a serve reception

BLOCKS – are awarded when a player blocks the ball to the opposition's court leading directly to a point without a successful dig

...SOLO – when only one blocker is up

...ASSIST – when more than one blocker is up, awarded to all contributing blockers regardless if only one person blocks the ball. Generally, a block assist occurs with two blockers, but may occur occasionally with three blockers. However, all three blockers must go up at the same time and provide an overlap.

...a block solo and block assist cannot be recorded on the same play. During the same rally, only one team block (block solo or block assists) can be awarded

...a block (solo or assisted) is not credited if the opposing team successfully digs the block attempt

TEAM BLOCKS – team blocks are calculated by adding the total number of block solos and adding to half the total of block assists

e.g. Block solos = 4, Block assists = 12; TEAM BLOCKS = 4 + (12/2) = 10

BLOCKING ERROR – is awarded when

...blocker is in the net or steps over the center line

...back row blocker

...blocker is called for reaching over the net\

...NOTE: Blocking error is not given for poor technique. In general, a blocking error only is given after a referee's call. Also, a kill is awarded to the opposing attacker on a blocking error if an attack was occurring at the time of the block error.

TOTAL POINTS – calculated by adding kills, block assists divided by 2, block solos and service aces

e.g. In a single game, Player A gets 8 kills, 3 block assists (3/2 = 1.5), 2 block solos and 1 service ace = 12.5 total points in that game

...Total Points Per Game for season = (kills + ½ block assists + block solos + aces) / total games played

OTHER HINTS

...every service ace must have a corresponding reception error. Conversely, every reception error must have a service ace

...every assist must have a corresponding kill

...overpasses are NOT reception errors

...since blocks must come off an opponent's attack attempt, Team B's offensive attack from Team A's overpass should be recorded as an attack (kill if Team B's execution leads directly to a point). This situation appears often as a block or directional attack at the net. However, blocks can only be awarded on an opponent's attack, not overpass.

AVCA Postseason Awards Student-Athlete Nomination Checklist

Complete the following information checklist for each student-athlete you wish to nominate for AVCA Postseason honors. This information is provided as a means of ensuring that you have met the stated qualifications.

CHECKLIST

- ✓ Head coaches have uploaded 2023-24 team and individual statistics against all opponents for the entire season using Maxpreps.com, a free service to coaches.
- ✓ The High School Head Coach is an AVCA member in good standing on or before October 6, 2023.
- ✓ AVCA All-America Nominations, Best and Brightest Nominations, and Maxpreps statistics submission are submitted online by **5:00 pm (ET) on Monday, October 16, 2023.**

DEADLINES

All nominations must be submitted via the on-line process at www.avca.org by **5:00 pm (ET) on Monday, October 16, 2023.**

NOMINATION INSTRUCTIONS

Coaches will be able to nominate athletes via a form on the AVCA Website as well as a MaxPreps Stats submission. The AVCA form will be emailed to AVCA High School Member Coaches as well as shared via the AVCA website while the nomination period is open.

The AVCA Best and Brightest nominations are an optional portion of the AVCA All-America nomination. Coaches are not required to nominate athletes for the Best and Brightest awards if they do not meet the qualifications or the coach does not have permission from their athlete to share their GPA.

IMPORTANT: All head coaches must have up-to-date AVCA memberships and know their personal information required to login to the AVCA Web site to access the online nomination process.