

2024

AVCA Thirty Under 30 Club



Markie Alberius
Elite Volleyball Academy
and
Little Rock Central High School

Career Accomplishments to Date:

- Took Little Rock Central HS to state playoffs my first year in 2021 for the first time in 14 years.
- In my second and third year, we placed 3rd in conference overall and won the first round of state playoffs for the first time in program history. In 2024, we are currently 16-3 and have a great chance to win state.
- My overall current record is 67-36.

Coaching Roles:

- Arkansas Juniors - Club Coach: 2014-2017
- Elite Volleyball Academy - Club Coach: 2018- present
- Little Rock Central High School- Head Girls Volleyball Coach: 2021- present

What made you decide to get into coaching volleyball?

I have always loved volleyball since I was young. My mom was a high school coach and so I was always in the gym. I played at Arkansas State and I wanted to give my knowledge to the younger generation when I was done, so I coached club for a long time. I decided to coach at Little Rock Central because it was a program that had potential to be great and I wanted that challenge. It's been so fulfilling seeing this program be what it can and building relationships with my team that will last forever.

What are your career goals in the sport?

I want a State Title or multiple of course, but I also just want to keep building the program I have and investing in this younger generation. Coaching is about so much more than winning and I hope my players can see that I love them and want the best for them in their life rather than just in their volleyball career. I want my coaching career to leave a good impact on my players.

Which coaches have influenced you the most?

My mom has probably been my biggest influence. Watching her and learning from her growing up was something I'll never take for granted and I am so thankful I got to experience that with her. My college coach, David Rehr, also had a big influence. I spent 4 years learning from him and playing at a high level has definitely given me more knowledge than most at the high school level. And finally my current club director I coach under, Tanja Eckart, is a great mentor and friend and I can always go to her for anything about coaching.



What do you enjoy most about your coaching job?

I enjoy the relationships I get to build the most. I try to have fun and love my team the best I can. I want to leave just a positive impact on them and hopefully I can teach them some life lessons, while also teaching them about the best sport ever!