

2024 AVCA Thirty Under 30 College



Luiza Andrade

Palm Beach Atlantic University
NCAA Division II
Associate Head Coach

Career Accomplishments to Date:

While at TWU:

- Placed 4 All-Conference Players and 1 All-Region/All-American HM on roster in 3 years.
- Improved program's records from .250 (2020) to .571 (2022) to .679 (2023).
- Helped put TWU Volleyball in the AVCA Regional Rankings for the first time since 2015.
- Selected to the AVCA Diversity Award Program (Class of 2021).

While at SFASU:

- Helped Head Coach Alex Luna start the beach volleyball program in Nacogdoches, finished with a .583 record in its inaugural season (2020).



Coaching Roles:

- Palm Beach Atlantic University - Associate Head Volleyball Coach - July 2023 (Current)
- Texas Woman's University - Assistant Volleyball Coach & Recruiting Coordinator - July 2021 until June 2024
- Stephen F. Austin State University - Graduate Assistant Coach (Beach Volleyball) - August 2019 until June 2021

What made you decide to get into coaching volleyball?

My goal has always been to help student-athletes be the best version of themselves both on and off the court. I have been blessed with incredible coaches throughout my playing career and have always appreciated and valued the power of mentorship. I want to be for my athletes, what my former coaches have been for me. Coaching is a tool that gives me the opportunity to support young women thought the ups and the downs, learn about

resilience, determination and be ready to face the 'adult world' with the same confidence as they approach the volleyball court.

What are your career goals in the sport?

My goal is to continue to better myself, grow professionally, and continue to have a positive impact in the lives of the young women I cross paths with. Currently, I plan to continue growing in the college coaching world for the next several years, and possibly looking to earn some experience as a Head Volleyball Coach down the line. Eventually, I can see myself working to start a volleyball club of my own.





Which coaches have influenced you the most?

I have been blessed with a lot of great examples and mentors throughout my coaching journey. Some names that immediately come to mind are Jeff Huebner, Aaron Shepardson, Alex Luna, Jolene Shepardson, Casey Shingler, and Joe Morales. From former coaches, to co-workers, and peers/mentors, each one of them have helped shape the coach I am today and encouraged me to be authentic and confident in my skills.

What do you enjoy most about your coaching job?

The daily exchange I have with my student-athletes is what I enjoy the most. Getting to share so many ups and downs with them, from tough conversations to celebrating a good grade. My players are the most important part and the reason why I choose to do what I do every day.

COLLEGE