

2024

AVCA Thirty Under 30 Beach



Cat Collins

Carson-Newman University
NCAA Division II

Director of Volleyball, Head Coach for Indoor and Beach Volleyball

Career Accomplishments to Date:

- AVCA Thirty Under 30 Beach in 2021
- 2 All-American Athletes
- Finalist for Carson-Newman Frosty's Coach of the Year
- School Record for Program Wins

Coaching Roles:

- Carson-Newman University Director of Volleyball May 2024
- Carson-Newman University Beach Volleyball Head Coach April 2019-May 2024
- University of Sioux Falls Graduate Assistant Volleyball Coach July 2018-April 2019
- Pentagon Volleyball Club Coach August 2018-April 2019

What made you decide to get into coaching volleyball?

I chose to coach volleyball because I wanted to help and guide young women into being the women God has designed them to be. I love coaching because it allows me to walk along side women and use the best sport to show them the love of God.

What are your career goals in the sport?

My goal is to simply be better than the season before. I want to continue to create a great culture within my programs and become something greater. We want to be an elite program with great athletes, great wins, but even greater people.



Which coaches have influenced you the most?

The coaches that have influenced me the most are Joel and Andrea McCartney. They not only helped my knowledge of the game grow but they constantly challenged me to look at the bigger picture. Alyssa Chambers is also a coach that has influenced the way that I approach the team dynamic and each individual athlete. She taught me to coach the individual and lead the team.

What do you enjoy most about your coaching job?

I enjoy walking alongside young women and encouraging them to be the best person they can be. I enjoy watching them learn more about themselves and grow to be great people that will influence the world. I enjoy the community that the program has created and watching them lead and serve for a higher and bigger purpose than themselves and our sport.