

2024 AVCA Thirty Under 30 College



Lauren Eldridge
William Penn University
NAIA
Women's Head Coach

Career Accomplishments to Date:

- North Division champs at WPU - 2022 - highest conference finish in the Heart - semi finals post season
- 20 win season in 2022 in over a decade
- Most all Conference players in 2022
- All American in 2023 in over 20 years

Coaching Roles:

- Static Volleyball Club - 2013-2018 club coach
- William Penn University Graduate Assistant - July 2018- December 2019
- Culver-Stockton College - Head Coach - January 2020- May 2022
- William Penn University - Head Coach - June 2022 - current
- Oskey Swing - club coach - 2023-current

What made you decide to get into coaching volleyball?

Having great coaches in my past, my passion/love for the game, wanting to be surrounded by like minded people and wanting to create meaningful relationships with my players.



What are your career goals in the sport?

To sustain a competitive winning program over time, keep loving my job/school year after year and maybe move into an admin role in collegiate athletics one day.

Which coaches have influenced you the most?

My college coaches Brett Holt and Tamika Drake at Missouri Valley College and my club coaches Richard Bridges and Greg Smith. I also look up to Kelly Sheffield on the big stage.

What do you enjoy most about your coaching job?

I enjoy how every day, season and year is different than all the others. Being able to create relationships with young ladies that for deeper than just the volleyball court, seeing that light bulb moment, be surrounded by other competitive like minded coaches and being able to share the same passion for volleyball with players and coaches.

