

2024

AVCA Thirty Under 30 Club



Allison Regan

Downstate North
Girls/Boys 12-18
AYA Director/Head Coach

Career Accomplishments to Date:

2021 Landmark Coaching Staff of the Year

Coaching Roles:

Present:

- AYA Director/Head Coach at Downstate North 2022-Present
- Assistant Men's/Women's Coach at Bard College 2023-Present

Past:

- Interim Head Men's/Asst Women's Coach at Drew University 2021-2022
- Head Coach - Xtreme Volleyball Academy 2019-2021
- Head Coach - Keystone College 2019-2021
- Assistant Coach - King's College (PA) 2016-2019

What are your career goals in the sport?

- Become a club director
- Maintain a good relationship with the local volleyball community
- Continued growth of youth volleyball on the boys club side



Which coaches have influenced you the most?

- Bill Lee - Director at DIGS
- Alyssa Broccoli - Head Coach at Central Connecticut State
- Amanda Alayon-Wilkins - Head Coach at Pace University
- Joe Felipe - Director at Downstate North

What do you enjoy most about your coaching job?

The valued relationships that I have made with current and former players
Seeing the love of the sport develop and grow throughout the season amongst players

CLUB