

2024 AVCA Thirty Under 30 Beach



Tessa Smith
St. Andrews University
NAIA
Head Coach

Career Accomplishments to Date:
AVCA Thirty Under 30 - 2 year award recipient.

Coaching Roles:
St. Andrews University as the assistant indoor coach for 2 years and the head indoor coach for 2 years. The head beach coach for 5 years.



What made you decide to get into coaching volleyball?

I began coaching as a way of making an impact on young women on and off the court. To guide and build young athletes.

What are your career goals in the sport?

Win a conference championship and make a National tournament appearance.

Which coaches have influenced you the most?

My club coach Rico and my college coaches influenced me the most along my journey as an athlete and now as a coach.

What do you enjoy most about your coaching job?

I enjoy the family I have built within my team and culture and experiences we all share along with the many amazing memories that will last a life time.

