

2024 AVCA Thirty Under 30 College



Jeffrey Vautrin

Lasell University
NCAA Division III
Head Coach

Career Accomplishments to Date:

Lasell University Men's volleyball record the year before I took the position: 9-21. Lasell University. Women's volleyball record the year before I took the position: 9-23
Since then, both programs have had full rosters, winning records, set over 10 new program records for each program. The Men's program has been national ranked in the AVCA top 15 every year since covid has ended. The women's program won our first conference championship and went to the NCAA's in 2023. Boston BounceVLA won the VLA Championship in 2024 and I was named VLA MVP. SMASH 17s won USAV nationals in 2021.

Coaching Roles:

- 2017 July-November. Spike and Serve VBC, HI. Head Coach and strength coach
- 2017 November-July 2022. SMASH VBC, MA. Head Coach and Recruiting Coordinator
- 2019 September- Current. Lasell University Men. Head Coach
- 2019 September-Current. Boston Bounce VLA. Owner, GM, Coach, Athlete
- 2021 September-Current. Lasell University Women. Head Coach

What made you decide to get into coaching volleyball?

My passions growing up were sport, exercise, teaching, and science (Specifically functional anatomy). I was debating going into the medical field or becoming a teacher because I loved being able to see the joy of someone learning something for the first time and I also loved learning about how the body works. Sports were always there for me as a player, coach, or fan. When I was given the opportunity to coach it was the perfect combination. I was able to see the joy of someone learning through sport while also applying my knowledge of functional movements.

What are your career goals in the sport?

My career goals differ from year to year but I would love to be able to build a strong community wherever I go. One path would be to start my own volleyball club while continuing to head coach a collegiate program. The other would be to be the first coach of a division 1 program and be able to build a community from scratch,



Which coaches have influenced you the most?

Kevin Wong from Spike and Serve, Bill Via during my time as an athlete at Lasell, and Konst Dimov from SMASH VBC. Even though my time with SAS was brief I learned a lot of technical information related to the game and I loved how Kevin stressed the importance of his community. Bill Via taught me a lot about strategy and mindset during my time at Lasell. Konst Dimov helped me get started in the coaching world and stressed the importance of being a coach and how much we impact our athletes.

What do you enjoy most about your coaching job?

I love that I am able to stay a part of the game. I enjoy teaching athletes new skills and seeing the joy in their face when it finally clicks. I enjoy the fact that coaches are able to build such strong connections with their athletes and able to stay a part of their life for a long time after they are done playing. One of the biggest things I enjoy is being able to build a community and help strengthen the level of play in New England.

