

2024

AVCA Thirty Under 30 High School



Jhamal Diggs
La Salle Academy
Girls Varsity Head Coach

Career Accomplishments to Date:

- Boys Volleyball Coach Of The Year 2x
- Special Recognition - Governor of Rhode Island
- All teams have made it to the final 4 each year and finished top 3 in the state.

Coaching Roles:

- Assistant Coach- Johnson and Wales University 2016-2017
- Varsity Head Coach- Times2 Academy 2017-2018
- Varsity Head Coach- La Salle Academy 2017-Present

What made you decide to get into coaching volleyball?

Giving back to the community and youth has always been important to me. Growing up, I was heavily invested into sports and the game of volleyball. Volleyball opened up many doors and opportunities for me. I believe that it is my calling.



What are your career goals in the sport?

I would like to continue to build the high school program at La Salle Academy and continue to develop young student athletes. I also do have a goal of being a Head Coach at the collegiate level in the near future. I would to continue to have an impact on the game of volleyball and young players in a positive manner.

Which coaches have influenced you the most?

- Amir Mafinjad
- Karen Jones
- Karch Kiraly
- Geno Auriemma

What do you enjoy most about your coaching job?

I enjoy seeing players develop and reach their goals while working hard. It is amazing when young athletes reach their milestone or accomplish their goals and begin embracing the process. As a Coach nothing is more rewarding or exciting. being able to help others and be a back bone for athletes is something else I also enjoy. I love to help and support others so they can be successful.

