

2024

AVCA Thirty Under 30 High School



Alexis Head

Maize South High School
Head Volleyball Coach

Career Accomplishments to Date:

Co-Coach of the Year in the GWAL, 2020-2021; Coach of the Year in the AVCTL D-1, 2023-2024; 3rd Place at the 5A Kansas State Tournament. 14 high school athletes have signed to play volleyball collegiately.

Coaching Roles:

Kapaun Mt. Carmel, Freshmen Head Coach/Assistant Varsity & JV Coach, 2018-2019; Wichita East High School, Head Volleyball Coach, 2019-2022; Maize South High School, Head Volleyball Coach 2022- Present

What made you decide to get into coaching volleyball?

Honestly, I was selfish at first and it was my way to stay around the game after my collegiate career was over. This motive quickly turned to finding joy in watching kids have big moments and learning so much about themselves; seeing them realize how resilient/gritty they can be is incredible. As an athlete, I had multiple head coaches at the high school level, so I have always wanted to provide a level of consistency for kids. I enjoy the community that I am a part of and look forward to the continued development of volleyball here at Maize South.

What are your career goals in the sport?

A goal that I have my sights on would be a state championship with Maize South Volleyball. I'm also actively trying to create a course at Maize South High School for female athletes to have more accessibility to the weight room/strength and conditioning during the school day, and I believe that directly ties into their volleyball success. Outside of that, my biggest career goal is to create lasting relationships with the kids; I'd love to get future invitations to big moments in their lives like their weddings and be able to continue to celebrate their successes.

Which coaches have influenced you the most?

My mom was the driving force with volleyball; she dove into learning drills & she drove me to camps hours away from our SWKS community. Glenda Smith was my first competitive club coach in Dodge City, KS. She helped me get into coaching club as a college athlete, giving me the confidence I needed to know I could do this. Chris Lamb helped guide me as a young coach in the Wichita area; he welcomes club & high school coaches to come in & watch his college practices at WSU, he is just really about developing people in the game.

What do you enjoy most about your coaching job?

Relationships; I believe the most important aspect of coaching is the development of relationships between coach and athletes, and even with the athletes' families. The best feeling comes from when I get a text or call from girls who have previously graduated with life updates and exciting things going on for them.

— HIGH SCHOOL —