

2024

AVCA Thirty Under 30 High School



Marissa Morah
Rancho Solano Preparatory
Head Girls Varsity Coach

Career Accomplishments to Date:

- 2024- Consistent finish in the top 10 in 2A play offs for 5 consecutive seasons
- 2024 - 100 Career Win Milestone
- 2023- Most Career wins in School History (Broke her own record)
- 2023- School's first appearance in the State Championship Semi-Finals
- 2022- Most wins in a single season in School History
- 2022- 2A Metro Coach of the Year
- 2020- #3 State Ranking with an 18-2 Record

Coaching Roles:

- Rancho Solano Prep - 2020-Present, Head Varsity Coach
- Omni Volleyball Club - 2021 - Present, Head Coach (15N1, 15N2, 14N2, 11N1)
- Ignite Volleyball Club 2018-2019 14N1 Assistant
- Victorium Volleyball Club 2017-2018 16N1 Assistant
- Illinois Junior VBC, 2015-2016, 13N1 Assistant
- AZ Sky Volleyball Club 2011-2012 12N1 Assistant

What made you decide to get into coaching volleyball?

My mom coached volleyball and my dad was a baseball coach, so I've been around ball game strategy my entire life. My love for coaching started at just 15 years old when AZ Sky gave me the opportunity to coach in exchange for my own playing expenses. It gave me a perspective that made me a better player. Once I ended my playing career in 2017, I couldn't imagine my life without volleyball. That's what ultimately led me to get back into it. Now I'm here today and so grateful!

**What are your career goals in the sport?**

I coach at a small school, so my goals revolve around program building, as well as some personal accolades. Making it to the final step of a state championship team would be an incredible step for our program and my own personal journey. Winning a state championship title is also on the bucket list. Personally, I am hoping to make a name for myself both as a private and team coach across Arizona.

Which coaches have influenced you the most?

My college coach, Luke Ward, taught me Rome wasn't built in a day. He went from a 2-15 record to winning a National Championship at the collegiate level in a 5 year span. I also have great admiration for my current bosses. Jess Pearson, director of Omni, has

influenced me to go after the ONE--not just the one with talent, but develop everyone with love for the game. The AD of Rancho, Aaron Trigg, has run a successful basketball program alongside of my volleyball program and he's taught me how to handle the ins and outs of team dynamics.

What do you enjoy most about your coaching job?

The progression of beginning to the end of a season is one of the most thrilling parts of my job. I've had really talented teams in my career. The journeys that stick out to me were with the groups that had raw talent and just loved the game. That's where you see the most progression. Anyone can coach a team full of talent, but I love the challenge of a group that has yet to experience success. The other thing I enjoy is the relationships I build with the girls beyond their career with me.

