

# 2025

## AVCA Thirty Under 30 College



### **Preslie Anderson**

Arizona State University  
Assistant Coach

#### **Career Accomplishments to Date:**

Since joining Arizona State in 2023, I've helped lead the program to back-to-back historic seasons, including the school's first-ever conference championship in 2024 and a 30-3 record—the best winning percentage in program history. Over two seasons, we reached the NCAA Tournament twice, earned the highest final ranking since 1995, and set multiple records, including most All-Americans in a season. I've helped develop elite talent, secure major wins over top-10 teams, and contribute to a culture of excellence. Prior to ASU, I coached at TCU, where we reached the NCAA second round, and began my coaching journey as a volunteer assistant.

#### **Coaching Roles:**

- Arizona State, Assistant Coach, Spring 2023-Present
- TCU, Volunteer Coach, Fall 2022
- ASU, Volunteer Coach, Spring 2022

**What made you decide to get into coaching volleyball?**

I decided to coach volleyball because I've been in love with the game since the moment I first started playing. While I once had plans to go to law school, I realized I couldn't walk away from the sport that shaped me. Volleyball has always been more than just a game—it's been my passion, my purpose. Toward the end of my playing career, I naturally stepped into a player-coach role, always thinking about the bigger picture. Coaching felt like the next step, and I knew I wanted to pour into others the way coaches once did for me.

### **What are your career goals in the sport?**

My career goal is to become a successful head coach who builds winning programs and serves as a mentor for young female coaches. I want to be known not only as a leader but as an elite volleyball mind—someone who understands the game at the highest level and can teach it with clarity and passion. I'm driven to become one of the best recruiters in the country, identifying and developing talent that fits both the culture and system. Ultimately, I want to inspire, lead, and compete for championships wherever I go, while helping open doors for other women in coaching.

### **Which coaches have influenced you the most?**

Sharon Vanis, Amir Lugo-Rodriguez, and Morgan Thomas have each shaped my coaching journey in powerful ways. Sharon instilled in me the value of discipline and an unrelenting competitive spirit.

Amir showed me that there's no one path to success—he inspired me to think creatively, adapt, and always find new ways to be great. Morgan has been a true example of balance, showing that you can be a strong, respected presence in the gym and an elite recruiter, all while embracing life as a wife and mom. Their impact has helped mold me into the coach I am today.

### **What do you enjoy most about your coaching job?**



What I enjoy most about coaching is the relationships—mentoring young women and being a positive influence in their lives. I love helping them grow both on and off the court, building trust, and guiding them through their journey. Coaching also allows me to compete, which fuels my passion, but it's the connection with players and the chance to impact their futures that makes it truly meaningful.

