

2025

AVCA Thirty Under 30 College



Abby Detering

Rutgers University
Associate Head Coach

Career Accomplishments to Date:

- Rutgers University - Team Performance Highlights:
 - Earned first-ever Top 25 win vs. #16 Minnesota – October 7, 2023
 - 2023 Season best overall record since 2012
- Rutgers University - Player Accolades:
 - Big Ten Player of the Week (Alissa Kinkela) – September 30, 2024
 - First-ever pin attacker in program history to earn this honor
 - Second Team All-Big Ten (Alissa Kinkela) – December 2023
 - First-ever pin attacker in program history to receive All-Big Ten recognition
 - Big Ten Setter of the Week (Alyssa Nayar) – October 10, 2023
- Kent State University - Player Accolades:
 - All-MAC Second Team (Alex Haffner) - 2020
 - All-MAC Honorable Mention (Alex Haffner) - 2019

Coaching Roles:

- Rutgers University - Associate Head Coach: Jan. 2022-Present
- Kent State University - Assistant Coach: May 2019-Jan. 2022

What made you decide to get into coaching volleyball?

I've been incredibly fortunate to have had great coaches throughout my volleyball career. The impact they've made on my life—not just as a player, but as a person—is something I'll always be grateful for. They are the reason I became a coach. My goal is to inspire the next generation of student-athletes the same way they inspired me.

What are your career goals in the sport?

My goal as a college volleyball coach is to continue making a meaningful impact on student-athletes—both on and off the court. I'm passionate about helping players grow not only as competitors, but as confident, resilient women prepared for life beyond the game. I strive to advance the sport of volleyball by cultivating strong team cultures, developing high-level talent, and pushing the standards of what our athletes and programs can achieve. I'm committed to contributing to the long-term growth and visibility of the sport, helping shape the future of volleyball through dedication, innovation, and purpose-driven leadership.



Which coaches have influenced you the most?

The coaches who have had the greatest impact on me are Russ Rose, Salima Rockwell, Craig Dyer, Caitlin Schweihofer, Sheree Harvey, and Rich Severino.

What do you enjoy most about your coaching job?

What I enjoy most about coaching is the opportunity to mentor and build meaningful relationships with student-athletes. It's incredibly rewarding to watch student-athletes grow—not just in their athletic abilities, but as confident, resilient individuals ready to take on life beyond the game. Being a part of their journey, both in their triumphs and challenges, is truly one of the most fulfilling aspects of this profession.