

# 2025

## AVCA Thirty Under 30 High School



**Lyndsey Larson**  
Lincoln High School  
Boys Volleyball Head Coach

### **Career Accomplishments to Date:**

- RI Boys Volleyball Coaches Association Coach of the Year 2023
- Lincoln Athletics Coach of the Year 2024
- RI Interscholastic Athletic Administrator's Association Female Coach of the Year
- Rhode Island Interscholastic League NFHS State Coach of the Year- Boys Volleyball 2022-2023
- RIIL 2023 Boys Volleyball Division 2 State Champions
- RIIL 2022 Boys Volleyball Division 2 Regular Season Champions

### **Coaching Roles:**

- Blackstone Valley Prep- Middle & High School Coach
- Kent County Crew Club Coach- Girl's 16's and Boy's 17's Head Coach
- Lincoln High School Girls Volleyball Assistant Coach- 1 year
- Lincoln High School Girls Volleyball Head Coach- 4 years
- Lincoln High School Boys Volleyball Assistant Coach- 3 years
- Lincoln High School Boys Volleyball Head Coach- 4 years and still



**What made you decide to get into coaching volleyball?**

After learning the game in high school and playing at the collegiate level, I wanted to share my knowledge and love of the game with young athletes.

**What are your career goals in the sport?**

I would like to build a division one program at LHS and continue to help grow the sport in the state of Rhode Island.

**Which coaches have influenced you the most?**

- Coach Craig Kolek- Rivier University
- Coach Leo Bush- Coventry High School
- Coach Jill Krebs- Coventry High School
- Coach Kyle Medeiros- University of Indianapolis Women's Volleyball
- Coach Rob Schmitt- Lincoln High School

**What do you enjoy most about your coaching job?**

I enjoy watching my athletes grow and being able to instill the love of the game in players who are just beginning.

