

# 2025

## AVCA Thirty Under 30 High School



### **Jeremy Mitchell**

Mill Creek High School  
Varsity Head Coach

#### **Career Accomplishments to Date:**

- 5 state playoff appearances (2020-2024)
- Region runner-up in 2020 and 2024

#### **Coaching Roles:**

- 2019-2022: Duluth High School, JV Head Coach & Varsity Assistant
- 2023: Duluth High School, Varsity Head Coach
- 2024: Mill Creek High School, Varsity Assistant Coach

#### **What made you decide to get into coaching volleyball?**

I won a club national championship playing volleyball for the University of Georgia's Men's Club team and was also a manager for the University of Georgia Women's team for 3 years. With this playing and managing experience coupled with my passion for working with kids, coaching was a no brainer. The gym is my sanctuary and sharing my knowledge with hungry athletes and watching them improve and accomplish their goals is the most rewarding thing in the world to me.

#### **What are your career goals in the sport?**

My "distant" goal is to eventually coach in college. My goals for the near future are to win a state championship and to continue to have players continue their playing careers in college.



**Which coaches have influenced you the most?**

The coaches that have influenced me the most are Troy University's Josh Lauer and Brian Muesenfechter. They were both coaches at Georgia when I was a manager for the team and I love how they approach coaching. They make sure their players know how much they love them before getting into the grit of the season, which makes it a lot easier to have tough conversations when your team knows that it's because you care so deeply about them and their success.

**What do you enjoy most about your coaching job?**

The best thing about coaching is the lasting impact you have on the players. My favorite thing in the whole world is when a former player comes back to visit or reaches out just to check in on you.