

2026

AVCA Thirty Under 30 College



Jalissa Trotter

University of Texas at Dallas
Assistant Volleyball Coach

Career Accomplishments to Date:

Coached 2x Big East Libero of the year

Coached a Big East All freshmen- team setter

Big East Setter of the Week honors.

Served briefly as interim head coach during a transition period at Butler

Coached AAC Freshmen of the Year

Coached AC First Team All Conference Award Winner

Coached Top 10 setter in Tulane Record Book for Assists

5th consecutive Academic Award at OBU

3rd consecutive Academic Award at Tulane University

Coaching Roles:

Ouachita Baptist University (2020-2021) - Assistant Coach - Assist in planning practices, workouts, and scheduling, inventory, Oversaw study hall, weightlifting, and overall team management, Teaching and manipulating volleyball skills to increase development, The team earned 5th consecutive Academic Award

Butler University - (2022-2023) - Assistant Coach - Assist in planning practices, set-up, and scheduling, Budget management and planning, Oversaw Big East travel, created itineraries, completed team inventory, and compliance contact, Teaching and manipulating volleyball skills to increase development, Communication liaison for compliance, strength training, and recovery training, Coached 2x Big East Libero of the year, Coached a Big East All freshmen- team setter

Tulane University - (2023-2026) - Assistant Coach - Assist in planning practices, set-up, and scheduling, Alumni Relations Coordinator: Oversaw alumni engagement and

connection planning, Teaching and manipulating volleyball skills to improve development, Managing managers and practice players hiring and scheduling, External Operations Coordinator and liason

What made you decide to get into coaching volleyball?

Coaching allows me to continue being involved in the sport while giving back to the next generation of players. I realized how much I enjoyed teaching the game and sharing what I had learned through my experiences. Coaching allows me to pass on that knowledge while helping athletes develop not just as players, but also as people. For me, coaching is about more than just winning matches—it's about helping student-athletes grow, compete at a high level, and prepare for life beyond volleyball.

What are your career goals in the sport?

My career goals include creating an environment where student-athletes grow as volleyball players and as people. I am passionate about training setters to understand the game with depth; how to lead a team, make strategic decisions, and elevate the players around them. I also aspire to win championships. Success and high standards are important to me, and I believe teams can pursue elite performance while still maintaining a healthy and balanced environment for their athletes. I want to show that it is possible to build championship-level programs that also prioritize athlete well-being, personal growth, and life outside of sport.



Which coaches have influenced you the most?

My club coach, my Godmother (was a head coach at D2 for 15+ years)

What do you enjoy most about your coaching job?

I love watching athletes develop over time, whether it's improving their technical skills, gaining confidence, or learning how to compete at a higher level. Building meaningful relationships with my players is also one of my favorite parts of coaching. I enjoy being someone they can rely on for guidance, support, and honest feedback. Also teaching the strategic side of volleyball. Seeing them begin to grasp the game at a deeper level is exciting and rewarding.

Knowing that the lessons athletes learn—discipline, resilience, leadership—carry over into their careers and lives after college is most rewarding.

