

2026

AVCA Thirty Under 30 Club



Julian Vesneske

Lionheart Volleyball Club

Player Development Coordinator/Academy Director

Career Accomplishments to Date:

Won state championship with Brookline High School Boys Volleyball. Coaching Staff of the Year at UMass Boston. Multiple Top 3 tournament finishes with UVC. Started, recruited and head coached Massachusetts first Junior College mens volleyball program including taking nationally ranked #2 to 5 sets. Multiple former athletes playing at the collegiate level in the states and overseas.

Got to work with and learn from hundreds of wonderful athletes who I constantly see making the world a better place.

Coaching Roles:

Newton South High School - Volleyball Coach, Aug 2023 - Nov 2023

Boston United Volleyball Club (UVC) - Head Coach Girls 16 National, Assistant Coach Boys 16 National, Head Coach Boys 17-2, 2023-2024

Lionheart Volleyball Club (LHV) - Player Development Coordinator/Academy Director, 2024 - Present

Brookline High School Boys Volleyball- Assistant Varsity Coach, Head JV2 Coach, 2024 - Present

Wellesley College Women's Volleyball - Volunteer Assistant, 2024 Season

University of Massachusetts Boston Women's Volleyball- Assistant Coach & Class of 27-29 Recruiting Coordinator, Aug 2025 - Jan 2026

Roxbury Community College Mens Volleyball - Program founder/Head Coach, Nov 2024 - July 2025

What made you decide to get into coaching volleyball?

After an injury in college, coaching became the only way for me to interact with the sport I love. I was lucky enough to have people around me and former coaches who made coaching the most exciting thing in the world. The question to me is closer to, why have I decided to make coaching my life's work. To that I say; I love to teach and work with the next generation of talented and ambitious leaders. Volleyball taught me everything I know about living life and I can only hope that I can provide that same guidance to others.

What are your career goals in the sport?

Right now I want to get into a graduate assistant position and continue to learn both in terms of coaching and team management and operations. In the future, I would like to coach Division 1 volleyball. Ultimately, I want to become the best coach that I can be in all aspects of the sport.



Which coaches have influenced you the most?

I have been incredibly lucky to work with, learn from, and look up to some amazing coaches. Caitlyn Vann saw what I have the potential to become and pushed me to chase it. Nikita Selivan, for her endless encouragement and support. Morgan Lauvray taught me how to be calm under pressure. Justin Soohoo, who showed me that volleyball is more than just a game. Gregg Detwiler made me realize what true commitment is. Bryson Rainey showed me that volleyball is art more than anything else. and Naveen Thiruvazhi for teaching me the power of optimism.

What do you enjoy most about your coaching job?

I think that being a coach takes the same skills and mind-set that being an athlete requires. Resilience in the face of overwhelming adversity, love for the game and those around you, and an unrelenting desire to better yourself and others. A coach once told me "volleyball mirrors life", if you are good at volleyball, and that means more than just your skill at the game, you are probably going to be a good person. That also means that if I attack coaching with everything I have, I just might be able to help others become their best selves.