

2026

AVCA Thirty Under 30 Club



Katie McCullough

Triangle Volleyball Club

Triangle 18 Black Head Coach/Assistant Director

Career Accomplishments to Date:

I helped create a base training program for Tusculum University as a brand new collegiate beach volleyball program to set the program into its first winning season. Then since becoming a club coach I have been with teams who have earned qualifying bids 4/5 years. I also became the youngest positional coordinator at Triangle volleyball club taking over all of the libero training and development for the club when I was 22.

Coaching Roles:

Grad Assistant Beach Volleyball - Tusculum University (2019-2020)
Assistant Director Triangle Volleyball Club - (2020-Present)
Triangle Volleyball Club Libero/DS Coordinator and lead trainer (2020-Present)
Triangle 16 Blue Assistant Coach (2020-2021)
Triangle 17 Black Assistant Coach (2021-2025)
Triangle 18 Black Head Coach (2025-Present)

What made you decide to get into coaching volleyball?

Volleyball had such a pivotal effect on my life. It not only molded me as an athlete but it also molded my core characteristics and attributes as a person. There were so many good memories and growth moments I have from volleyball that I wanted to help be a part of other kids journeys and hopefully allow for other kids to have those same great experiences that I gained through the sport. So I wanted to start coaching and give back to even be a small part of this generations Volleyball journeys and hopefully make them better!

What are your career goals in the sport?

My career goals for volleyball are still up in the air, I do not have a specific end point but I do know I want to continue to work my way up in the youth volleyball world and help to run organizations to provide more opportunity and growth for the game of volleyball. I think my path will continue on the youth side of the game because I feel like there is more growth to be made there but ideally I would like to continue the spread of the game for both boys and girls at the youth level.



Which coaches have influenced you the most?

The coaches who have influenced me the most in life were Traci Smith and Tammi Choboy who coached me at the ages of 11-13. They showed me the love of the sport and started me on my journey and still continued to support me throughout my entire volleyball career. They truly embody the passion and effort that goes in to coaching and supporting these athletes and they have been my role models since I have started.

What do you enjoy most about your coaching job?

The thing I enjoy the most about coaching is watching these athletes grow and making connections with them. Watching a kid finally achieve something they have been working on and having that excitement and accomplished feeling is one of the most fulfilling moments. Knowing I was even a small piece on an athlete's path to reaching their goals is extremely rewarding and also creating an environment that feels like home that they always want to return to or feel like they can reach back out to is an absolute wonderful outcome of coaching!