

# 2026

## AVCA Thirty Under 30 College



**Lance Muret**  
Santa Clara University  
Beach Volleyball Assistant Coach

### **Career Accomplishments to Date:**

Named to Volleyball Magazine 2024 College Coaching Hotshot List  
Part of Santa Clara Beach Volleyball staff during record-tying 18-win season (2025)  
Contributed to first nationally ranked win in program in a decade  
WCC Championship Tournament Runner-Up (2025)

### **Coaching Roles:**

WAVE Beach Volleyball Club - Del Mar, CA - Club Coach :Spring 2019-Summer 2023  
Santa Clara University Beach Volleyball - Volunteer Assistant Coach: Fall 2023-Summer 2025  
Santa Clara University Beach Volleyball - Assistant Coach: Fall 2025-Present

### **What made you decide to get into coaching volleyball?**

I fell in love with beach volleyball because of how fun it is and the unique challenge it offers. The sport pushes you to develop your individual skills while also learning to compete and grow with a partner as a true teammate. My whole family plays, and I grew up around the game—watching, playing, and constantly wanting to learn more about it. That passion naturally led me to coaching. I love the teaching aspect and watching athletes grow as players and people while helping them maximize their potential in the sport.

### **What are your career goals in the sport?**

My long-term goal is to coach at the highest levels of the sport. I aspire to work with elite athletes on the professional stage, including the AVP and FIVB tours, and ultimately hope to coach in the Olympic Games one day. I am passionate about working with high-

level players and helping them maximize their potential through strong technical training, strategy, and competitive preparation.



**Which coaches have influenced you the most?**

Santa Clara head coach Jeff Alzina has influenced me the most in my coaching journey. He gave me my first opportunity in NCAA coaching as a volunteer and has been an incredible mentor over the past three years. Jeff has taught me so much about the sport, particularly the mental side of coaching and how to lead a team. I am deeply grateful for the trust he placed in me and for the guidance that helped me grow into my current role.

**What do you enjoy most about your coaching job?**

What I enjoy most about coaching is the relationships I build with my athletes and fellow coaches. Watching athletes commit to the process—training hard, learning, and pushing themselves to improve—is incredibly rewarding. Being able to support them as they pursue their goals and strive for excellence is an honor. The most fulfilling part is seeing them grow not only as players, but also as teammates, leaders, and people.