

2026

AVCA Thirty Under 30 Club



Paige Panter Mierl

AJV Sand
Lead Coach

Career Accomplishments to Date:

2025 AAU Squad Premiere Division Champions
2025 AVCA Club Beach Coach of the Year
2025 LOVB Beach Coach of the Year

Coaching Roles:

AJV Sand Volleyball Club, Austin, TX, Lead Coach, 2020-present
Sand Soul Beach Volleyball Club, Huntington Beach, CA, Assistant Coach, 2017

What made you decide to get into coaching volleyball?

I played beach volleyball in college at LMU and LBCC. I played indoor at Texas A&M. I fell in love with the sport at 11 when I began playing club volleyball. Throughout my career, I've had so many amazing coaches that helped shape me into who I am today. I began coaching when my playing career ended to give back to the sport that gave so much to me. I coach to mentor the next generation of strong young women and grow the game!

What are your career goals in the sport?

My main career goal is to continue growing as a coach to keep improving for my athletes. Shoutout to Jenny McDowell and her Coach of Coaches sessions! Another goal is to keep growing AJV Sand. We want to continue strengthening the Austin volleyball community by providing the best coaching possible through our team of amazing coaches! We are also going after another championship at nationals!!



Which coaches have influenced you the most?

Misty May-Treanor, Tyler Jackson, Betsi Flint, John Mayer, Aaron Mansfield, Zane McFarland, Laurie and John Corbelli, Steve Greene, Trevor Johnson, LJ Sariego, Claire Benedict Gay, Ryan Mitchell, Ping Cao, Joe Jablanski

What do you enjoy most about your coaching job?

Getting to help my athletes accomplish their dreams and succeed!! Seeing the growth of my players!

