

2026

AVCA Thirty Under 30 Club



Rick Spear

3DGE Volleyball Academy
Head Coach

Career Accomplishments to Date:

2022

North Western District Runner-Up

VHSL Regional Champion

VHSL Class 4 State Champion

2023

North Western District Champion

VHSL Regional Champion

VHSL Class 4 State Champion

2024

OVAC 5A Runner-Up

West Virginia Class 4A Sectional Champion

WV Class 4A Regional Champion

WV Class AAAA State Runner-Up

2025

North Western District Champion

VHSL Region 4D Champion

VHSL Class 4 State Champion

League One Volleyball Coach of the Month – February 2026

Club Coaching:

58–26 overall record through three years.

Consistent regional finishes across three competitive regions.

Coaching Roles:

Head Manager, West Virginia University Volleyball | 2024–Present

15 National Head Coach, 3DGE Volleyball Academy | 2025–Present
13U Head Coach, Rise Volleyball Academy | 2024–2025
15U Assistant Coach, Rise Volleyball Academy | 2024–2025
Volunteer Assistant Coach, James Wood High School | 2021–2024; 2025–2026
Volunteer Assistant Coach, Morgantown High School | 2024–2025
15U Head Coach, Potomac Storm Volleyball Club | 2023–2024

What made you decide to get into coaching volleyball?

I started coaching volleyball because the game gave me more than competition, it gave me confidence, purpose, and belonging. Volleyball has given me love, life, and family. I coach to instill love, pride, and appreciation, for self, for others, and for the game. Watching athletes grow in skill, belief, and character drives me every day. I am a passionate competitor who cares deeply about building culture, creating connections, and helping athletes discover who they are as both as humans and competitors. Coaching fills me with a sense of purpose and pride I cannot find anywhere else. This is my everything.

What are your career goals in the sport?

My career goal is to lead at the highest level of collegiate volleyball while building programs rooted in strong culture, integrity, and competitive excellence. I aspire to become a head coach who develops not only elite athletes, but confident, resilient humans. I want to build programs from the ground up, create environments where people feel valued, and compete for championships the right way. Long term, I hope to mentor future coaches, contribute to the growth of the sport, and leave every program better than I found it, both on and off the court.



Which coaches have influenced you the most?

My biggest mentors are Adrienne Patrick and Brandy Corbin of James Wood; they taught me that lasting success is built on values, culture, and community. At Morgantown High, Abigail Wolfe showed me the power of patience and belief. Kelly Rafferty at RISE instilled the importance of presence. Jen and Burdette Greeny at West

Virginia Volleyball model value-driven leadership, while Erin Eishenhart demonstrates how elite programs thrive through discipline and detail. The families, coaches, and athletes at 3DGE inspire me daily. Above all, my athletes, past and present, continue to shape me into a better coach, competitor, and human every day

What do you enjoy most about your coaching job?

What I enjoy most about coaching is simple: I coach for love. I love the opportunity to both give and receive through this passion. Coaching is deeply tied to my identity, because nothing means more to me than my athletes, past, present, and future. The relationships, the trust, and the shared pursuit of growth are what make this work so meaningful. Coaching isn't just something I do; it's who I am.

On my teams, we end every day with three: So I'll end this the same way— I love you, I am proud of you, and I appreciate you.

